



**Rev. Anne and Fr. Bob take the Ice Bucket Challenge for ALS**

On Sunday September 7<sup>th</sup>, following the morning Eucharist, parishioners gathered in the parking lot at the Church of the Ascension to bear witness to the soaking of Rev. Anne and Fr. Bob in support of ALS.

They took the challenge in memory of family and friends who lost their lives to this devastating illness - Agnes Hengen, Bruce Thom, Aunt Dora Mitchell, Hans Dittrich, and Mildred. May they rest in peace.



**Our nominations for the Ice Bucket Challenge.**

**Rev. Anne nominated Diocese of Algoma Congregational Development Officer, The Rev'd Dr. Jay Koyle; her brother Paul Derbyshire (in South Africa) and Wardens and Board members of congregations in Sudbury/Manitoulin Deanery.**

**Fr. Bob nominated his friends Dr. Mike Attridge, the Rev'd. Susan Bell, and the Regional Dean of Sudbury/Manitoulin – the Rev'd Dr. Tim Perry.**

**We both nominated the Rt. Rev'd Dr. Stephen Andrews (Bishop of Algoma) to accept the Ice Bucket Challenge in support of the Diocese of Tarime. We would like Bishop Stephen to take the**

**Challenge during Synod 2015 and we commit to fundraising ahead of Synod for his soaking.**

**Will they accept the Ice Bucket Challenge for ALS and Tarime?**



**And then the fun began!**

**The Ascension kids (and a few from the Epiphany) brought their buckets and ice to church and filled them up with cold water. They found the smaller buckets and jugs were not that effective, so out came the blue boxes! That was better by far.**

**It was COLD and Rev. Anne forgot to bring a towel with her.**

**Fr. Bob said he would share his after he had dried off.**



**We give thanks for the gift of laughter, for the blessing of our lives and the health we enjoy; and for the sheer joy of watching children having fun.**

Thank you for supporting the Ice Bucket Challenge.

We raised \$400 in the bucket without the water.

***“A cheerful heart is good medicine.”***

**(Proverbs 17.22)**

