# Church of the Ascension Sudbury Outario

#### **News and Announcements**

#### February 22nd, 2015

#### In the parish this week:

**Monday 23rd February**: Friendship Quilting and Crafting at 10am

7pm-9pm: Contemplative Prayer at the Church of the Epiphany

Tuesday 24th February: 9:30am Stand Up!

Wednesday 25th February: 9:30am Holy Eucharist followed by Lenten Study - To the Cross and Be-

yond.

**Thursday 26th February:** 1:30pm: North Eastern Ministerial meets at St. Stephen's on the Hill

7pm: Choir

7:30 pm: Worship meeting in the Board room

**Friday 27th February**: Family Fun night from 6pm-8pm

#### Pancake Supper thanks

A big thank you to everyone for your support of the Pancake supper. A great evening was had by all, and the funds went to help The Coldest Night Walk on February 21st. A cheque in the amount of \$500 will go to the Samaritan Centre via Paul Murdock. Special thanks to those who gave a helping hand with the preparation of pancakes and the setup and cleanup.

#### Lenten services

Please join us for worship on Wednesday morning during Lent at 9:30am. Following each service we

will be having a study written especially for Lent by the Rt. Rev. Terry Dance of the Diocese of Huron called, "To the cross and beyond."

due to the many nut and scent allergies.

The Ascension is striving to be a nut free and scent free parish,

day March 8th.

Come and join the Lenten Lunch and Learn series on March 1st, 8th, 15th and 22nd. We will be having conversations

around Rowan Williams new book from 1:15pm -2:15pm. Copies of the book have been ordered and are \$10 each. If you can only come to one or two Sundays, we would love to have you.

game and meet some new friends. Snacks will be

provided. For more information, please speak to

Zawadi La Tumaini

Zawadi La Tumaini, an orphanage in Kenya, will be

our guest after the 9am and 11am service on Sun-

Come and here Jacqueline's stories and how our

**Being Christian:** 

Baptism, Bible, Eucharist and Prayer

gifts of money are making a difference.

Jen Ames or email her at jenames 10@yahoo.ca

Jacqueline Villeneuve, founder and director of

If you wish to order a book to read on your own, please sign the sheet in the office, or speak to Rev. Anne to register.

### Family Fun night at the Ascension

Bored with winter? Looking for something to do with the kids on a Friday evening? Don't want to spend another Friday alone? Come out to the Games Night at the Ascension on Friday 27th February from 6pm -- 8pm. Bring your favourite board

## It's not too early to start thinking about summer time!

Camp Manitou is a residential camp that fronts the North Channel of Lake Huron, 12 kilometres west of the town of Whitefish Falls. With the La Cloche Mountains as a backdrop, the setting is rustic, yet majestic.

Leaders and youth and families have been sharing summer experiences there since the 1920s. Programs take place in a friendly atmosphere and include camp fires, swimming, hiking, kayaking, canoeing, crafts and much, much more. Skilled and screened volunteers provide leadership for youth and family camps.

The Camp season is as follows:

Youth Camps are \$280 per week. Bursaries are available from a number of sources.

Girls Camp ages 12 and up: July 4th - July 11th Girls camp ages 8-11: July 11th to July 18th Boys camp ages 8-11: July 18th - July 25th Boys Camp ages 12 and up: July 25th - August 1st

Leadership Training: Boys 14-16 July 18th - August 1st.

Nature camp: August 1st - August 8th ( for families, individuals who love nature Maximum of \$830 per family for the week)

Family Camp 1: August 8th - August 15th (\$270 per adult; \$145 for youth under 16; Max of \$830 per family)

Family Camp 2: August 15th - August 22nd Family Camp 3: August 22nd - August 29th.

For more information, or to register, check out the flyers in the hall on the way to the Fellowship Hall. Featured in the flyer is our very own Robyn Chmilar!

Rev. Anne is a member of the Camp Manitou board and Dave Cole, the Fowlers, Jane Cox, Thelma Smith and Stephanie Doveton can all share great Manitou stories and experiences with you.

#### Mark your calendars

- A family fun night is in the works for Friday 27th February.
- The next Out of the Cold dinner is on Friday

#### Thought for the Week

"Our calling and purpose as followers of Christ is to love God completely, to love self correctly, and to love others compassionately."

- Kenneth Boa

March 6th.

A clothing swap is planned for March 28th.

#### **Exploring a Lenten Desert**

Looking for another way to live Lent? "Exploring a Lenten Desert" is a six-session course that introduces participants to the desert as an image of spiritual dryness and refreshment and to the tradition of contemplative prayer that emerged from the practices of a fascinating group of 4th century men and women who fled the cities to seek closer relationship with God in the Egyptian desert. We will explore their pithy and paradoxical wisdom as we learn about (and practice) a variety of forms of contemplative prayer, including using psalms as prayer, awareness reflection. Ignatian imaginative prayer, centring prayer, lectio divina, and shared silence. If you've never heard of these, it's ok that's part of the exploration! We will meet on Mondays through Lent, starting on February 23, from 7 to 9 p.m. at the Church of the Epiphany (85) Larch St.). For more information and to register, please contact Patti Brace (pbrace@fibreop.ca, 705 -673-1216)

#### Our Stories: A Lenten morning

We are made of the stories we have told and been told. When we repeat an important story in a place and time set aside for it, we learn something new about the story, ourselves, and the values that guide us. On Wednesday, February 25th at the Church of the Ascension, during the time normally devoted to Bible Study, we will share stories of the Spirit together, The event will give us an opportunity to practice listening as well. Using methods of spiritual direction, we will respond to one anoth-

er in confidence, with open hearts. Shannon Hengen will facilitate the morning.

Please indicate your interest to Rev. Anne by Monday 16th February. In addition to the usual refreshments after the 9:30am Eucharist, as light lunch will be served. All are welcome. No materials are necessary and the event is free.

#### **Altar Guild**

Anne Trimmer, the president of the Altar Guild, would like to invite any women or men who might be interested in being a part of the altar guild to speak to her about this ministry. It involves preparing the altar for worship on Sunday mornings, arranging flowers, and cleaning linens. It is a sacred ministry and requires about two hours of time on a Saturday morning six times a year. Anne

Trimmer can be reached at 705.566.8127.

#### **Bad Girls of the Bible: Book Study**

Mary Beth Miller has offered to lead a book study for any women in the deanery on the "Bad Girls in the Bible". It would run weekly for ten weeks and go into Lent. If you ae interested in signing up for this study, please contact Bev vanderJagt at bevvanderjagt@bell.net

#### Yard Sale at the Ascension

We will be having a Yard Sale in the spring, but ask you not to bring your items to the church at this time. We do not have sufficient storage room to keep them all until the spring. We will give you drop off dates closer to the time..

Sunday Lectionary for March-April			
1 March Second Sunday in Lent		4 April Holy Saturday	
Genesis 17:1-7, 15-16	Romans 4:13-25	Job 14:1-14 or Lamenta-	1 Peter 4:1-8
Psalm 22:23-31	Mark 8:31-38 or Mark	tions 3:1-9, 19-24	
	9:2-9	Psalm 31:1-4, 15-16	Matthew 27:57-66 or John 19:38-42
8 March Third Sunday in Lent		E April Document	,
Exodus 20:1-17	1 Caninghiana 1 10 25	5 April Resurrection of the Lord	
EXOUUS 20:1-17	1 Corinthians 1:18-25	Acts 10:34-43 or Isaiah 25:6-9	1 Corinthians 15:1-11
Psalm 19	John 2:13-22		or Acts 10:34-43
15 March Fourth Sunday in Lent		Psalm 118:1-2, 14-24	John 20:1-18
	J		or Mark 16:1-8
Numbers 21:4-9	Ephesians 2:1-10	12 April Second Sunday of Easter	
Psalm 107:1-3,17-22	John 3:14-21	Acts 4:32-35	1 John 1:1-2:2
22 March Fifth Sunday in Lent		ACIS 4:32-33	1 JOHH 1:1-2:2
Jeremiah 31:31-34	Hebrews 5:5-10	Psalm 133	John 20:19-31
		19 April Third Sunday of Easter	
Psalm 51:1-12 or	John 12:20-33	Acts 3:12-19	1 John 3:1-7
Psalm 119:9-16			,
29 March Liturgy of the Palms		Psalm 4	Luke 24:36b-48
Psalm 118:1-2, 19-29	Mark 11:1-11 or John 12:12-16	26 April Fourth Sunday of Easter	
1 3dilli 110.1 2, 17 27		Acts 4.5-12	1 John 3.16-24
29 March Liturgy of the Passion			•
		Psalm 23	John 10.11-18
Isaiah 50:4-9a	Philippians 2:5-11		
Psalm 31:9-16	Mark 14:1-15:47 or		

Mark 15:1-39, (40-47)

#### Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements..

#### Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioners emails to any other group.

#### **Agnus Day**



Agnus Day appears with the permission of www.agnusday.org

#### Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.