

Church of the Ascension

Sudbury Ontario

News and Announcements

March 1st, 2015

In the parish this week:

Rev. Anne will be attending Bishop's Council retreat and meeting on Monday and Tuesday this week, and the Diocesan Executive Committee meeting on Wednesday and Thursday. She will be back in the office on Friday.

Monday 2nd March: 9:30am Friendship Quilting and Crafting

Tuesday 3rd March: Stand Up! Exercise program.

3pm: Preparations for Messy Church.

Wednesday 4th March: 9:30am Morning Prayer and Bible Study lead by Cathy Jewell and Marie Vitone.

4:30pm: Messy Lent - come and join us for an evening of Learning, Fellowship, Worship and a meal as we learn about this season of Lent.

Thursday 5th March: 7pm: Choir.

Friday 6th March: 1:30pm World Day of Prayer at St. Andrew the Apostle Church.

OOTC preparations and dinner at the Church of the Epiphany.

Saturday 7th March: 3pm Hearing the Gospel of Mark (see announcements)

Sunday 8th March is Sandwich Sunday

Storytelling workshop thanks

A group of 12 people came out on Wednesday morning last week for a storytelling workshop lead by Shannon Hengen. It was a beautiful time of listening to others sharing their sacred stories and of discovering God's Holy Spirit in the midst of them. The morning ended with a shared meal of soup and bread. Thank you, Shannon!

Lenten services

Please join us for worship on Wednesday morning during Lent at 9:30am. Following each service we will be having a study written especially for Lent by the Rt. Rev. Terry Dance of the Diocese of Huron called, "To the cross and beyond."

Lay leaders leading Wednesday morning worship

This Wednesday Cathy Jewell will be leading Morn-

ing Prayer at 9:30am and Marie Vitone will be leading the Lenten Bible Study. Hope to see you there.

Messy Lent

It's the first Wednesday of the month and that means it's Messy Church! Come and hear a Lenten story and make some pretzel praying hands. Meet new friends, pray, and enjoy a meal together. It all begins at 4:30pm and should end around 6:30pm. Come for some of it, or come for all of it....children, adults, families...all are welcome.

Hearing Mark in Lent

This is Year B in the lectionary cycle of readings and that means we are hearing the Gospel of Mark read on Sunday mornings. As part of a Lenten discipline the Layreaders will be leading three sessions of reading the Gospel of Mark aloud in one sitting. This is a beautiful and meaningful way of hearing the Gospel read. Come and join us on Saturday 7th

March at 3pm (Mark will be read by Erma and Cathy Jewell from the Jerusalem Bible), or on Thursday 19th March at 10am (Mark will be read by Shannon Hengen, Stephanie Doveton and Rev. Anne from the New Revised Standard Version) and on Tuesday 24th March at 6:30pm (Mark will be read by Catherine Bird Heuft and Bruce Heuft from the King James Version).

Welcoming Jacqueline Villeneuve to the Ascension

Jacqueline Villeneuve, the Founding Director of Zawadi La Tumaini will be joining us after the 9am and 11am service on Sunday 8th March. During coffee hour she will be telling us more about her Kenyan orphanage. A recent fundraiser brought in over \$50,000.00 for the orphanage.

Ukrainian Easter Egg Workshop

There are two workshops for learning to make beautiful Ukrainian Easter eggs. They will be held at the Ukrainian Senior's Centre on Saturday March 7th from 10am to noon, and again on March 28th from 10am to noon. The cost is \$22 per person.

Pre-registration is required. Please call Lorraine at 705.673.7404 to register.

Holy Week Services

Please mark these important dates in your calendars.

Holy Thursday: April 2nd 7pm Celebration of the Eucharist, Foot washing, Stripping of the Altar.

Good Friday: 11am This year's Good Friday service will be a traditional service from our Book of Alternative Services and will be at the Ascension.

Holy Saturday: April 4th: Easter Vigil Service at the Ascension at 8pm. There will be a choir consisting of parishioners from Sudbury parishes. Please note the rehearsal times.

Choir rehearsal times for Easter Vigil Service:

Thursday 26th March from 6:30pm - 9pm.

Saturday 4th April from 1:30pm - 4pm.

If you are interested in singing in the Easter Vigil Choir, please speak to Rev. Anne or Philip Balson.

Thought for the Week

"It is easy to love people far away. It is not always easy to love those close to us. It is easier to give a cup of rice to relieve hunger than to relieve the loneliness and pain of someone unloved in our own home. Bring love into your home for this is where our love for one another must start."

- Mother Teresa

Being Christian: Baptism, Bible, Eucharist and Prayer

Come and join the Lenten Lunch and Learn series on March 1st, 8th, 15th and 22nd. We will be having conversations around Rowan Williams new book from 1:15pm - 2:15pm. Copies of the book

have been ordered and are \$10 each. If you can only come to one or two Sundays, we would love to have you.

If you wish to order a book to read on your own, please sign the sheet in the office, or speak to Rev. Anne to register.

It's not too early to start thinking about summer time!

Camp Manitou is a residential camp that fronts the North Channel of Lake Huron, 12 kilometres west of the town of Whitefish Falls. With the La Cloche Mountains as a backdrop, the setting is rustic, yet majestic.

Leaders and youth and families have been sharing summer experiences there since the 1920s. Programs take place in a friendly atmosphere and include camp fires, swimming, hiking, kayaking, canoeing, crafts and much, much more. Skilled and screened volunteers provide leadership for youth and family camps.

The Camp season is as follows:

Youth Camps are \$280 per week. Bursaries are available from a number of sources.

Girls Camp ages 12 and up: July 4th - July 11th

Girls camp ages 8-11: July 11th to July 18th

The Ascension is striving to be a nut free and scent free parish, due to the many nut and scent allergies.

Boys camp ages 8-11: July 18th - July 25th
Boys Camp ages 12 and up: July 25th - August 1st

Leadership Training: Boys 14-16 July 18th - August 1st.

Nature camp: August 1st - August 8th (for families, individuals who love nature
Maximum of \$830 per family for the week)

Family Camp 1: August 8th - August 15th
(\$270 per adult; \$145 for youth under 16; Max of \$830 per family)

Family Camp 2: August 15th - August 22nd

Family Camp 3: August 22nd - August 29th.

For more information, or to register, check out the flyers in the hall on the way to the Fellowship Hall. Featured in the flyer is our very own Robyn Chmilar!

Rev. Anne is a member of the Camp Manitou board and Dave Cole, the Fowlers, Jane Cox, Thelma Smith and Stephanie Doveton can all share great Manitou stories and experiences with you.

Exploring a Lenten Desert

Looking for another way to live Lent? "Exploring a Lenten Desert" is a six-session course that introduces participants to the desert as an image of spiritual dryness and refreshment and to the tradition of contemplative prayer that emerged from the practices of a fascinating group of 4th century men and women who fled the cities to seek closer relationship with God in the Egyptian desert. We will explore their pithy and paradoxical wisdom as we learn about (and practice) a variety of forms of contemplative prayer, including using psalms as

prayer, awareness reflection, Ignatian imaginative prayer, centring prayer, lectio divina, and shared silence. If you've never heard of these, it's ok—that's part of the exploration! We will meet on Mondays through Lent, starting on February 23, from 7 to 9 p.m. at the Church of the Epiphany (85 Larch St.). For more information and to register, please contact Patti Brace (pbrace@fibreop.ca, 705-673-1216)

Altar Guild

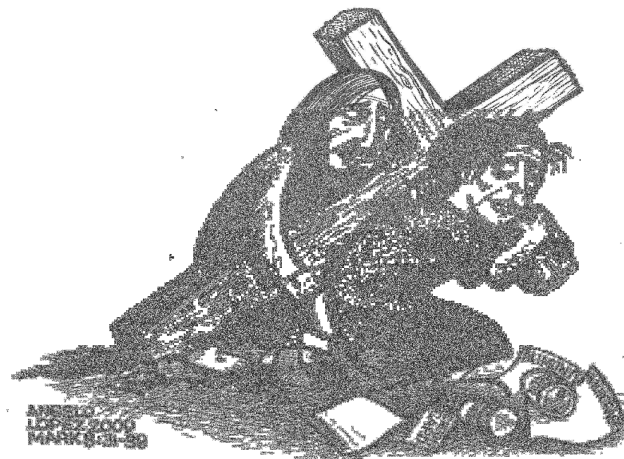
Anne Trimmer, the president of the Altar Guild, would like to invite any women or men who might be interested in being a part of the altar guild to speak to her about this ministry. It involves preparing the altar for worship on Sunday mornings, arranging flowers, and cleaning linens. It is a sacred ministry and requires about two hours of time on a Saturday morning six times a year. Anne Trimmer can be reached at 705.566.8127.

Bad Girls of the Bible: Book Study

Mary Beth Miller has offered to lead a book study for any women in the deanery on the "Bad Girls in the Bible". It would run weekly for ten weeks and go into Lent. If you are interested in signing up for this study, please contact Bev vanderjagt at bev-vanderjagt@bell.net

Yard Sale at the Ascension

We will be having a Yard Sale in the spring, but ask you not to bring your items to the church at this time. We do not have sufficient storage room to keep them all until the spring. We will give you drop off dates closer to the time..





A desperate man sought an analyst. "I've developed a phobia," he reported, "that is ruining my business. Crowds make me violently ill."

"What's your business?" asked the analyst.

The patient answered, "I'm a pickpocket."

Committee: The unwilling, recruited from the unfit, to do the unnecessary.

Consultant: Any average man more than fifty miles from home.

A friend of ours was puzzled by the odd messages left on his answering machine. Day after day, friends and family would talk and then say, "Beep."

He discovered the reason for the joke when he decided to listen to his greeting. "Hi," it said. "I'm not in right now, so please leave a beep after the message."

Sunday Lectionary for March-May

8 March Third Sunday in Lent

Exodus 20:1-17
Psalm 19

1 Corinthians 1:18-25
John 2:13-22

15 March Fourth Sunday in Lent

Numbers 21:4-9
Psalm 107:1-3,17-22

Ephesians 2:1-10
John 3:14-21

22 March Fifth Sunday in Lent

Jeremiah 31:31-34
Psalm 51:1-12 or
Psalm 119:9-16

Hebrews 5:5-10
John 12:20-33

29 March Liturgy of the Palms

Psalm 118:1-2, 19-29

Mark 11:1-11 or John
12:12-16

29 March Liturgy of the Passion

Isaiah 50:4-9a
Psalm 31:9-16

Philippians 2:5-11
Mark 14:1-15:47 or
Mark 15:1-39, (40-47)

4 April Holy Saturday

Job 14:1-14 or Lamenta-
tions 3:1-9, 19-24
Psalm 31:1-4, 15-16

1 Peter 4:1-8
Matthew 27:57-66 or
John 19:38-42

5 April Resurrection of the Lord

Acts 10:34-43 or Isaiah
25:6-9
Psalm 118:1-2, 14-24

1 Corinthians 15:1-11
or Acts 10:34-43
John 20:1-18
or Mark 16:1-8

12 April Second Sunday of Easter

Acts 4:32-35
Psalm 133

1 John 1:1-2:2
John 20:19-31

19 April Third Sunday of Easter

Acts 3:12-19
Psalm 4

1 John 3:1-7
Luke 24:36b-48

26 April Fourth Sunday of Easter

Acts 4.5-12
Psalm 23

1 John 3.16-24
John 10.11-18

3 May Fifth Sunday of Easter

Acts 8:26-40
Psalm 22:25-31

1 John 4:7-21
John 15:1-8

10 May Sixth Sunday of Easter

Acts 10:44-48
Psalm 98

1 John 5:1-6
John 15:9-17

Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements..

Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioners emails to any other group.

Agnus Day



Agnus Day appears with the permission of www.agnusday.org

Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.

The church website address is www.churchoftheascensionsudbury.ca

Family Name: _____

New

Person 1 _____

Person 2 _____

Change of
Address

Address Family As _____

(John & Mary Smith, Mr. & Mrs J. Smith, The Smiths)

Address _____

City _____

Postal Code _____

Phone _____ - _____ - _____ (Please include all 10 digits)

Email address: _____