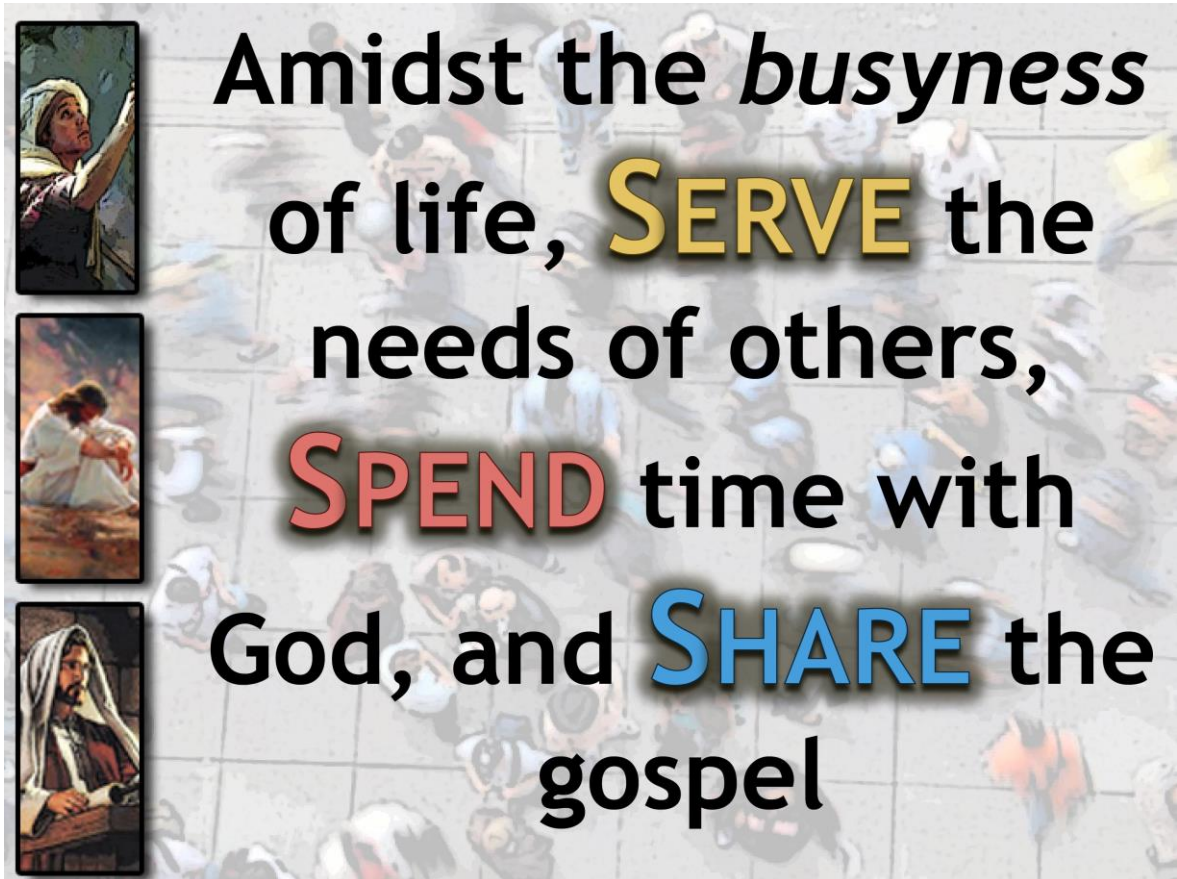


Sudbury Manitoulin Deanery Digest

February 4, 2015

Deanery Office:

The Ven. Anne Germond
c/o Church of the Ascension
1476 Sparks St.
Sudbury, Ontario P3A 2E1
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Deanery News and Announcements

THIS WEEKEND: MESSY CHURCH: Please join us at "Messy Church", A celebration for all ages at St. James Anglican Church, Southridge Mall (by the Food Court), 1933 Regent St, Sudbury, on Sunday February 8th, from 1 to 3 p.m.

Messy Church is a family friendly worship, with fun activities and snacks, all in a relaxed atmosphere. Our theme will be God Loves You

Please note: Children must bring an adult. For more information please call Reverend John Harvey at 705-929-6562. All are welcome

LOOKING FOR ANOTHER WAY TO LIVE LENT? "Exploring a Lenten Desert" is a six-session course that introduces participants to the desert as an image of spiritual dryness and refreshment and to the tradition of contemplative prayer that emerged from the practices of a fascinating group of 4th century men and women who fled the cities to seek closer relationship with God in the Egyptian desert. We will explore their pithy and paradoxical wisdom as we learn about (and practice) a variety of forms of contemplative prayer, including using psalms as prayer, awareness reflection, Ignatian imaginative prayer, centring prayer, *lectio divina*, and shared silence. If you've never heard of these, it's ok—that's part of the exploration! We will meet on Mondays through Lent, starting on February 23, from 7 to 9 p.m. at the Church of the Epiphany (85 Larch St.). For more information and to register, please contact Patti Brace (pbrace@fibreop.ca, 705-673-1216)

SHROVE TUESDAY PNACAKE SUPPER: The Church of the Ascension invites you to a Pancake Supper on Tuesday February 17th 5:00 – 6:30 – Free Will Offering. A poster is attached.

FROM THE DIOCESE OF ALGOMA FACEBOOK PAGE: The Mission to Seafarers in Thunder Bay requires a new van in order to continue the effective ministry it provides on our behalf. Please visit the Algoma website for more info about how you or your congregation can help! Click [here](#) for more information.

READINGS FOR THIS COMING WEEK:

(Taken from <http://lectionary.library.vanderbilt.edu/>)

Fifth Sunday after the Epiphany (February 8, 2015)

- First reading
 - Isaiah 40:21-31
- Psalm
 - Psalm 147:1-11, 20c
- Second reading
 - 1 Corinthians 9:16-23
- Gospel
 - Mark 1:29-39