# Church of the Ascension Sudbury Outario

#### **News and Announcements**

March 8th, 2015

#### In the parish this week:

**TODAY** St. James Church are holding a Messy Church from 1pm-3pm in the South Ridge Mall. They invite you to join them for some messy fun, prayer, worship and fellowship.

Thank you for your donations of bread and fixings for the Elgin Street Mission

Join us at coffee hour following each service to meet with Jaqcueline Villeneuve, founding director of Zawadi La Tumiani - a Kenyan orphanage. Jacqueline will give us an update on her work and how it has extended into the larger Kenyan community.

At 1:30pm today we will be having our second conversation on Rowan Williams new book, Being Christian. Today's topic is The Bible. If you haven't signed up but would like join in, please do.

**Monday 9th March**: Crafting and Quilting from 10am to 2pm

7pm: Contemplative Prayer Course at the Church of the Epiphany with Patti Brace.

**Tuesday 10th March**: 9:30 am Wardens meeting

6:30pm: Parish life meeting 7:30pm: Finance Meeting 8pm: Board meeting.

Wednesday 11th March: 9:30am Holy Eucharist and Bible Study

3pm Ecumenical Healing service at Trinity Lutheran Church on Regent Street.

Thursday 12th March 7pm: Choir

#### Zawadi La Tumaini

This morning we will be giving Jacqueline Villeneuve a cheque for \$500 for her Kenvan orphanage. These funds come from the Outreach fund from the Christmas offering. As well, the Open Offering from both services will be given to Jacqueline for her ministry. Thank you for your generosity.

#### Out of the Cold thanks

This month's OOTC dinner was prepared by Doug and Wendy Prebble. Fr. Doug is the priest at St. Alban the Martyr Church in Capreol. Thank you to Fr. Doug and Wendy for your time and enthusiasm and for participating in this important outreach in our community. Our final dinner for this winter will be on April 17th. Stephanie and Matt would like to thank everyone for their support and help at

this year's dinners.

The Messy Church team thanks everyone for their attendance and assistance on Wednesday evening at Messy Lent. The next Messy Church will be on the 1st April (Holy Week) at 4:30pm. Plan to come along and bring a friend who has never been to church before. Faith, Fellowship, Food, and fun are all part of Messy Church.,

### Stand Up!

Registrations are now being taken for the next Stand Up Exercise program. It will begin in early April and run for 12 weeks. This is a very popular program that fills up quickly. It is held in the Fellowship Hall on Tuesday and Thursday mornings and is run by volunteers from the Sudbury and District Health Unit. If you wish to sign up for it (no charge) please contact the Older Adult Centre.

#### **Healing Service**

There will be an Ecumenical Healing Service at Trinity Lutheran Church on Wednesday 11th March at 3pm. This is the second time we have held such a service with our ecumenical partners. This will be a service of the word and there will be an opportunity for the laying on of hands, and prayer by the clergy and laity. Everyone is welcome. Trinity Lutheran is located on Regent Street, across the road from the Montessori school. If there is no street parking, please use Lougheeds.

#### **Hearing Mark in Lent**

You are invited to come and hear the Gospel of Mark read aloud in one sitting. The first reading took place yesterday afternoon, and the next one will be on Thursday March 19th at 10am. This reading will be from the New Revised Standard Version.

#### **Clothing Swap**

There will be a second Clothing Swap at the Ascen-

sion on Saturday 28th March. Drop off your gently used spring/ summer clothes on Friday evening and come

day evening and come
along on Saturday to pick out your new wardrobe! very i
We would especially like babies, toddlers and chil-

The Ascension is striving to be a nut free and scent free parish,

due to the many nut and scent allergies.

drens clothing.

### **Technology in Worship Workshop**

Manitou Conference are holding a Technology in Worship Workshop on Saturday 28th March at St. Stephen's on the Hill. Anyone interested in participating should speak to Rev. Anne.

#### Let's Walk the Talk

On Wednesday 1st April, there will be a Prayer Walk through our downtown core led by Outreach workers, the Blue Coats and the Red Coats (they often come into our OOTC dinners)

Gathering will take place at Christ the King Church, 21 Ste. Anne Road at 5pm for a Chili supper. The group will then be stopping to offer prayers in the downtown neighbourhood that reach out to people who call the street 'Home'. The group will be stopping to offer prayers as they move through the downtown core and will end at the Church of the Epiphany for a Tenebrae service.

#### **Thought for the Week**

"If my life is motivated by my ambition to leave a legacy, what I'll probably leave as a legacy is ambition. But if my life is motivated by the power of the Spirit in my life; if I live in the awareness of the indwelling Christ; if I allow His presence to guide my actions, to guide my motives...that's the only time I think that we really leave a great legacy. That which is born of the flesh is flesh and that which is born of the Spirit is Spirit."

Rich Mullins. musicianbest known for "Awesome God"

#### Lay Leaders Day course

Fr. Bob is leading a one day workshop at St. Brice's in North Bay on the New Testament. It will be on

Saturday 25th April. All lay readers and other lay leaders are encouraged to register for this course which should be

very interesting and engaging. This is a wonderful opportunity for learning.

#### Lenten services

Please join us for worship on Wednesday morning during Lent at 9:30am. Following each service we will be having a study written especially for Lent by the Rt. Rev. Terry Dance of the Diocese of Huron called , "To the cross and beyond."

#### **Ukrainian Easter Egg Workshop**

There are two workshops for learning to make beautiful Ukrainian Easter eggs. They will be held at the Ukrainian Senior's Centre on Saturday March 7th from 10am to noon, and again on March 28th from 10am to noon. The cost is \$22 per person. Pre-registration is required. Please call Lorraine at 705.673.7404 to register.

#### **Holy Week Services**

Please mark these important dates in your calendars.

Holy Thursday: April 2nd 7pm Celebration of the

Eucharist, Foot washing, Stripping of the Altar.

Good Friday: 11am This year's Good Friday service will be a traditional service from our Book of Alternative Services and will be at the Ascension.

Holy Saturday: April 4th: Easter Vigil Service at the Ascension at 8pm. There will be a choir consisting of parishioners from Sudbury parishes. Please note the rehearsal times.

## Choir rehearsal times for Easter Vigil Service:

Thursday 26th March from 6:30pm - 9pm.
Saturday 4th April from 1:30pm - 4pm.
If you are interested in singing in the Easter Vigil Choir, please speak to Rev. Anne or Philip Balson.

## It's not too early to start thinking about summer time!

Camp Manitou is a residential camp that fronts the North Channel of Lake Huron, 12 kilometres west of the town of Whitefish Falls. With the La Cloche Mountains as a backdrop, the setting is rustic, yet majestic.

Leaders and youth and families have been sharing summer experiences there since the 1920s. Programs take place in a friendly atmosphere and include camp fires, swimming, hiking, kayaking, canoeing, crafts and much, much more. Skilled and screened volunteers provide leadership for youth

and family camps.

The Camp season is as follows:

Youth Camps are \$280 per week. Bursaries are available from a number of sources.

Girls Camp ages 12 and up: July 4th - July 11th Girls camp ages 8-11: July 11th to July 18th Boys camp ages 8-11: July 18th - July 25th Boys Camp ages 12 and up: July 25th - August 1st

Leadership Training: Boys 14-16 July 18th - August 1st.

Nature camp: August 1st - August 8th (for families, individuals who love nature Maximum of \$830 per family for the week)

Family Camp 1: August 8th - August 15th (\$270 per adult; \$145 for youth under 16; Max of \$830 per family)

Family Camp 2: August 15th - August 22nd Family Camp 3: August 22nd - August 29th.

For more information, or to register, check out the flyers in the hall on the way to the Fellowship Hall. Featured in the flyer is our very own Robyn Chmilar!

Rev. Anne is a member of the Camp Manitou board and Dave Cole, the Fowlers, Jane Cox, Thelma Smith and Stephanie Doveton can all share great Manitou stories and experiences with you..



One Sunday morning our pastor preached a powerful message, which his fervent young associate brought to a close with the following instructions: "Let us bow our heads, close our eyes, and sing 'Open Our Eyes, Lord.'"

My brother-in-law, who is a minister, responded to a Red Cross appeal for blood donations.

When he didn't come home by the time his young son expected him, the boy asked his mother, "Is Dad going around visiting all the sick people?"

His mother replied, "He's giving blood."

"But we know it's really grape juice, don't we Mom?"

Today's useless, but interesting, trivia fact:

Did you know that the first letter of every continent's name is the same as the last? AmericA, AntarcticA, EuropE, AsiA, AustraliA, AfricA.

	Sunday Lectiona	ry for March-May	
15 March Fourth Sunday in Lent		12 April Second Sunday of Easter	
Numbers 21:4-9	Ephesians 2:1-10	Acts 4:32-35	1 John 1:1-2:2
Psalm 107:1-3,17-22	John 3:14-21	Psalm 133	John 20:19-31
22 March Fifth Sunday in Lent		19 April Third Sunday of Easter	
Jeremiah 31:31-34	Hebrews 5:5-10	Acts 3:12-19	1 John 3:1-7
Psalm 51:1-12 or	John 12:20-33	Psalm 4	Luke 24:36b-48
Psalm 31:1-12 01 Psalm 119:9-16	JOHN 12:20-33	26 April Fourth Sunday of Easter	
29 March Liturgy of the Palms		Acts 4.5-12	1 John 3.16-24
Psalm 118:1-2, 19-29	Mark 11:1-11 or John	Psalm 23	John 10.11-18
12:12-16 <b>29 March Liturgy of the Passion</b>		3 May Fifth Sunday of Easter	
Isaiah 50:4-9a	Philippians 2:5-11	Acts 8:26-40	1 John 4:7-21
Psalm 31:9-16	Mark 14:1-15:47 or Mark 15:1-39, (40-47)	Psalm 22:25-31	John 15:1-8
100 02.7 20		10 May Sixth Sunday of Easter	
4 April Holy Saturday		Acts 10:44-48	1 John 5:1-6
Job 14:1-14 or Lamenta-	1 Peter 4:1-8	Psalm 98	John 15:9-17
tions 3:1-9, 19-24		17 May Seventh Sunday of Easter	
Psalm 31:1-4, 15-16	Matthew 27:57-66 or John 19:38-42	Acts 1:15-17, 21-26	1 John 5:9-13
5 April Resurrection of the Lord		Psalm 1	John 17:6-19
Acts 10:34-43 or Isaiah 25:6-9	1 Corinthians 15:1-11 or Acts 10:34-43	i sum i	,0m 17.0 19
Psalm 118:1-2, 14-24	John 20:1-18 or Mark 16:1-8		

#### Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements...

#### Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioners emails to any other group.

#### **Agnus Day**



Agnus Day appears with the permission of www.agnusday.org

#### Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.