Church of the Ascension Sudbury Outario

News and Announcements

March 15th, 2015

In the parish this week:

Today at 1:15pm: Being Christian - Book study on Eucharist.

10am: Quilters and Crafters meet for fellowship and guilting.

Monday 16th March: 7pm - Contemplative Prayer Course at the Church of the Epiphany.

Tuesday 17th March: Stand Up! At 9:30am.

Rev. Anne will not be in the office today.

Wednesday 18th March: 9:30am Holy Eucharist and Bible Study.

11:30am: Anti Racism Day Lunch at the Caruso Club. Thursday 19th March 10am: Hearing Mark in Lent - read from the New Revised Standard Version.

Meeting of Sidespeople

There will be an information and update meeting for all sidespeople on Sunday 29th March right after the 11am service. If you are interested in becoming a sidesperson please attend this meeting.

Guest Preacher

On Sunday March 22nd we will be welcoming Bishop Tom Corston (retired bishop of Moosonee) to the Ascension as our guest preacher. Bishop Tom has some slides of the ministries that are taking place in that diocese and there will be an opportunity to see these at the coffee/ lunch hour following each service.

Your weekly offering

Thank you for your weekly offering which makes ministry at the Ascension possible. The monthly offering is one of the only sources of income we have at the Ascension and we rely on your generosity. We know that many of you are living on fixed incomes and give sacrificially in order to make your weekly commitment. It helps us greatly in our budgeting to receive your offering regularly. There are now 31 individuals or families signed up for the Electronic Offering Program. This automatically withdraws funds from your bank account on the 15th day of the month. If your financial situation

changes these withdrawals can be stopped immediately. If you would like to know more about EOP please speak to Rev. Anne or one of the wardens.

Sudbury Churches Choir

There will be a combined church choir singing at the Easter Vigil Service at the Ascension on April 4th (Easter Saturday). The service begins at 8pm. Norm Blanchard, the interim music director at the Epiphany, will be directing the choir this year. Norm would like to invite anyone interested in joining the choir, for the Easter Vigil service ONLY, to two rehearsals at the Ascension - on Thursday 26th April at 6:30pm until 9pm, and on Saturday April 4th from 1:30pm to 4pm. Norm says that there will be a range of music and that if you love to sing you are welcome.

High Tea on The Hill

You are invited to attend St. Stephen's United Church High Tea on Saturday March 28th at 2pm. Tickets are \$10 each and must be purchased in advance. Please call the office at 705.566.2933 to reserve your ticket today. Fancy sandwiches and desserts are on the menu and Graham Laporte will be entertaining everyone with his music.

Stand Up!

Registrations are now being taken for the next

Stand Up Exercise program. It will begin in early April and run for 12 weeks. This is a very popular program that fills up quickly. It is held in the Fellowship Hall on Tuesday and Thursday mornings and is run by volunteers from the Sudbury and District Health Unit. If you wish to sign up for it (no charge) please contact the Older Adult Centre.

Hearing Mark in Lent

You are invited to come and hear the Gospel of Mark read aloud in one sitting. The first reading took place yesterday afternoon, and the next one will be on Thursday March 19th at 10am. This reading will be from the New Revised Standard Version.

Clothing Swap

There will be a second Clothing Swap at the Ascension on Saturday 28th March. Drop off your gently used spring/summer clothes on Friday evening

and come along on Saturday to pick out your new wardrobe! We would especially like babies, toddlers and chil-

drens clothing. Please drop your used clothing off at the Ascension on Friday 27th March from 5pm until 9pm. The clothing swap is on Saturday from 9am until 4pm.

Technology in Worship Workshop

Manitou Conference are holding a Technology in Worship Workshop on Saturday 28th March at St. Stephen's on the Hill. Anyone interested in participating should speak to Rev. Anne.

Let's Walk the Talk

On Wednesday 1st April, there will be a Prayer Walk through our downtown core led by Outreach workers, the Blue Coats and the Red Coats (they often come into our OOTC dinners)

Gathering will take place at Christ the King Church, 21 Ste. Anne Road at 5pm for a Chili supper. The group will then be stopping to offer prayers in the downtown neighbourhood that reach out to people who call the street 'Home'. The group will be stopping to offer prayers as they move through the downtown core and will end at the Church of the Epiphany for a Tenebrae service. Thought for the Week

Decisions can take you out of God's will, but you can never be out of His love.

Lay Leaders Day course

Fr. Bob is leading a one day workshop at St. Brice's in North Bay on the New Testament. It will be on Saturday 25th April. All lay readers and other lay leaders are encouraged to register for this course which should be very interesting and engaging. This is a wonderful opportunity for learning.

Lenten services

Please join us for worship on Wednesday morning during Lent at 9:30am. Following each service we

The Ascension is striving to be a nut free and scent free parish, due to the many nut and scent allergies.

will be having a study written especially for Lent by the Rt. Rev. Terry Dance of the Diocese of Huron called , "To the

cross and beyond."

Ukrainian Easter Egg Workshop

There are two workshops for learning to make beautiful Ukrainian Easter eggs. They will be held at the Ukrainian Senior's Centre on Saturday March 7th from 10am to noon, and again on March 28th from 10am to noon. The cost is \$22 per person. Pre -registration is required. Please call Lorraine at 705.673.7404 to register.

Holy Week Services

Please mark these important dates in your calendars.

Holy Thursday: April 2nd 7pm Celebration of the Eucharist, Foot washing, Stripping of the Altar.

Good Friday: 11am This year's Good Friday service will be a traditional service from our Book of Alternative Services and will be at the Ascension.

Holy Saturday: April 4th: Easter Vigil Service at the Ascension at 8pm. There will be a choir consisting of parishioners from Sudbury parishes. Please note the rehearsal times.

Choir rehearsal times for Easter Vigil Service:

Thursday 26th March from 6:30pm - 9pm. Saturday 4th April from 1:30pm - 4pm. If you are interested in singing in the Easter Vigil Choir, please speak to Rev. Anne or Philip Balson.

It's not too early to start thinking about summer time!

Camp Manitou is a residential camp that fronts the North Channel of Lake Huron, 12 kilometres west of the town of Whitefish Falls. With the La Cloche Mountains as a backdrop, the setting is rustic, yet majestic.

Leaders and youth and families have been sharing summer experiences there since the 1920s. Programs take place in a friendly atmosphere and include camp fires, swimming, hiking, kayaking, canoeing, crafts and much, much more. Skilled and screened volunteers provide leadership for youth and family camps.

The Camp season is as follows:

Youth Camps are \$280 per week. Bursaries are available from a number of sources.

Girls Camp ages 12 and up: July 4th - July 11th

Girls camp ages 8-11: July 11th to July 18th

- Boys camp ages 8-11: July 18th July 25th
- Boys Camp ages 12 and up: July 25th August 1st
- Leadership Training: Boys 14-16 July 18th -August 1st.

Nature camp: August 1st - August 8th (for families, individuals who love nature Maximum of \$830 per family for the week)

Family Camp 1: August 8th - August 15th (\$270 per adult; \$145 for youth under 16; Max of \$830 per family)

Family Camp 2: August 15th - August 22nd

Family Camp 3: August 22nd - August 29th.

For more information, or to register, check out the flyers in the hall on the way to the Fellowship Hall. Featured in the flyer is our very own Robyn Chmilar!

Rev. Anne is a member of the Camp Manitou board and Dave Cole, the Fowlers, Jane Cox, Thelma Smith and Stephanie Doveton can all share great Manitou stories and experiences with you..





The new computer that my sister, Jewell, and her husband bought had a program with a spell-check function, which they decided to try. My sister typed in her name, and the computer suggested the correction "Jewel." "You don't know how to spell your own name," my brother-in-law said, laughing, as he typed in his name, "Myron." No such word, according to the computer. It suggested "Moron."

I know I'm not going to understand women. I'll never understand how you can take boiling hot wax, pour it onto your upper thigh, rip the hair out by the root, and still be afraid of a spider. Skinny people irritate me! Especially when they say things like, "You know, sometimes I just forget to eat."

Now I've forgotten my address, my mother's maiden name, and my keys. But I've never forgotten to eat. You have to be one special kind of person to forget to eat.

| | Sunday Lectiona | ry for March-May | | |
|--|---|------------------------------------|---------------------------------|--|
| 22 March Fifth Sunday in Lent | | 19 April Third Sunday of Easter | | |
| Jeremiah 31:31-34 | Hebrews 5:5-10 | Acts 3:12-19 | 1 John 3:1-7 | |
| Psalm 51:1-12 or | John 12:20-33 | Psalm 4 | Luke 24:36b-48 | |
| Psalm 119:9-16 | Jonn 22.20 00 | 26 April Fourth Sunday of Easter | | |
| 29 March Liturgy of the Palms | | Acts 4.5-12 | 1 John 3.16-24 | |
| Psalm 118:1-2, 19-29 | Mark 11:1-11 or John | Psalm 23 | John 10.11-18 | |
| 12:12-16 29 March Liturgy of the Passion | | 3 May Fifth Sunday of Easter | | |
| Isaiah 50:4-9a | Philippians 2:5-11 | Acts 8:26-40 | 1 John 4:7-21 | |
| Psalm 31:9-16 | Mark 14:1-15:47 or | Psalm 22:25-31 | John 15:1-8 | |
| | | 10 May Sixth Su | nday of Easter | |
| 4 April Holy Saturday | | Acts 10:44-48 | 1 John 5:1-6 | |
| Job 14:1-14 or Lamenta- | 1 Peter 4:1-8 | Psalm 98 | John 15:9-17 | |
| Psalm 31:1-4, 15-16 | Matthew 27:57-66 or | 17 May Seventh S | lay Seventh Sunday of Easter | |
| , | | Acts 1:15-17, 21-26 | 1 John 5:9-13 | |
| 5 April Resurrection of the Lord | | Psalm 1 | John 17:6-19 | |
| Acts 10:34-43 or Isaiah 25:6-9 | 1 Corinthians 15:1-11 or Acts 10:34-43 | 24 May Day of Pentecost | | |
| Psalm 118:1-2, 14-24 | John 20:1-18 | *Acts 2:1-21 or Ezekiel 37:1-14 | Romans 8:22-27or Acts 2:1-21 | |
| 12 April Second S | Sunday of Easter | Psalm 104:24-34, 35b | John 15:26-27; 16:4b-15 | |
| Acts 4:32-35 | 1 John 1:1-2:2 | | - | |
| Psalm 133 | John 20:19-31 | | | |

Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements..

Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioners emails to any other group.



Agnus Day appears with the permission of www.agnusday.org

Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.

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| | ite address is www.churchoftheascensionsudbury.ca | □ New |
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| Person 1 | | □ Change of |
| Person 2 | | Address |
| Address Family | As | Aug 233 |
| | (John & Mary Smith, Mr. & Mrs J. Smith, The Smiths) | |
| Address | | |
| Audress | | |
| City | | |
| | | |
| City | | |

Agnus Day