Church of the Ascension Sudbury Outario

News and Announcements

March 22nd, 2015

In the parish this week:

Today at 1:30pm: Lenten Bookstudy on Prayer lead by Rev. Rhonda

pm: The Laurentian University Choir sings Haydn's Creation at St. Andrew's United Church.

Monday 10 am: Friendship Quilting and Crafting

Tuesday 24th March: Stand Up! At 9:30am.

Outreach meeting at 1pm.

Hearing Mark in Lent from the King James Bible at 6:30pm.

Wednesday 25th March: 9:30am Holy Eucharist and Bible Study.

Thursday 26th March: 1:30pm Palm Cross making in the Fellowship Hall.

6:30pm: Deanery Choir for the Easter Vigil service.

Friday 27th March: 5pm - 9pm Drop off for Clothing Swap on Saturday.

6:30pm: Deanery Choir for the Easter Vigil Service.

Saturday 28th March: 9am - 3pm: Clothing swap in Fellowship Hall.

All night Vigil on Holy Thursday

"Could you not stay awake with me for one hour?" Jesus admonished his disciples in the Garden of Gethsemane the night before he died. They slept while he prayed. Following the tradition of keeping watch with Jesus through the night, we will be holding an all night vigil from 9pm on Holy Thursday until 7am on Good Friday. This will take place in the church. The signup sheet for this is on the door of the church and you are encouraged to pray in this way. For more information please speak to Brent Leigh or Chris Cawte.

Palm Cross Making

Sunday the 29th March is Palm/Passion Sunday. The service will begin in the hall with the blessing of palms and the palm procession around the church. It will continue in the church with the reading of the Passion of Christ and the Eucharist. We will be hosting a deanery palm cross making event on Thursday 26th March at 1:30pm. If you've never made palms before.....come and learn a new skill and enjoy fellowship.

Messy church Is the 1st Wednesday in **April**

Everyone is invited to Messy Church on Wednesday April 1 st at 4:30 pm. The theme will be Messy Easter and this is a wonderful opportunity for young and old alike to hear the Easter story. Faith, fellowship, crafts and food all make for a fun filled evening of learning.

Deanery Choir for the Easter Vigil service

Norm Blanchard, the interim music director at the Epiphany will be leading a deanery choir at the Easter Vigil Service at 8pm on April 4th. There are already 18 people from 6 congregations in Sudbury singing in this choir. It is going to be a beautiful celebration! If you would like to join the choir for the Vigil service, please attend the choir practises at the Ascension this Thursday evening at 6:30pm and on Friday evening at 6:30pm. You just have to love music to join it!

Planned trip to Zawadi La Tumaini

Suzanne Harvey and her daughter Daniella Harvey are travelling to Kenya to the Zawadi La Tumaini orphanage for two weeks in the middle of April. If anyone would like to send a gift of money to the orphanage please give your donation to the Rev. Anne Germond fund and mark it "Kenyan Orphanage".

PWRDF makes a donation to the Island of Vanuata

The Primate's World Relief and Development Fund will be making a \$20,000.00 pledge to the people of Vanuata Island following Typhoon Pam. If you would like to contribute to this cause, please mark your envelope Vanuata Island - Pam.

Attention Synod delegates and alternates

You are invited to meet other delegates from Sudbury who will also be attending this year's Synod in Sault Ste. Marie from May 6th-9th. Rev. Anne is hosting a "Meet and Greet" at her home on Wednesday April 22nd from 7pm - 9pm. Refreshments will be served - bring your questions and enthusiasm.

Diocesan Strategic Plan

Synod 2015 will mark the official end of the Diocesan Strategic Plan "Shaped by a Living Hope." There remains much work to be done in each of the seven objectives of the plan and we remain committed to growing healthy congregations.

Rev. Anne's study leave

Diocesan clergy are given two weeks study leave each year. Rev. Anne will be attending a one week Leadership Course in Rome from

September 6th - 13th for one week of her study leave. Highlights of the course include learning about leaders from the past - Augustine, St. Paul,

past - Augustine, St. Paul, and St. Francis, as well as leaders of today - the Archbishop of Canterbury will give a talk; there will be a general audience with Pope Francis, and a day trip to

The Ascension is striving to be a nut free and scent free parish,

due to the many nut and scent allergies.

Assisi.

Meeting of Sidespeople

There will be an information and update meeting for all sidespeople on Sunday 29th March right after the 11am service. If you are interested in becoming a sidesperson please attend this meeting.

Your weekly offering

Thank you for your weekly offering which makes ministry at the Ascension possible. The monthly offering is one of the only sources of income we have at the Ascension and we rely on your generos-

Thought for the Week

"Lord, help me to do great things as though they were little, since I do them with Your power; and little things as though they were great, since I do them in Your name."

- Blaise Pascal

ity. We know that many of you are living on fixed incomes and give sacrificially in order to make your weekly commitment. It helps us greatly in our budgeting to receive your offering regularly. There are now 31 individuals or families signed up for the Electronic Offering Program. This automatically withdraws funds from your bank account on the 15th day of the month. If your financial situation changes these withdrawals can be stopped immediately. If you would like to know more about EOP please speak to Rev. Anne or one of the wardens.

Sudbury Churches Choir

There will be a combined church choir singing at the Easter Vigil Service at the Ascension on April 4th (Easter Saturday). The service begins at 8pm. Norm Blanchard, the interim music director at the Epiphany, will be directing the choir this year.

Norm would like to invite anyone interested in joining the choir, for the Easter Vigil service ON-LY, to two rehearsals at the Ascension - on

Thursday 26th March at 6:30pm until 9pm, and on Saturday April 4th from 1:30pm to 4pm. Norm says that there will be a range of music and that if you love to sing you are welcome.

High Tea on The Hill

You are invited to attend St. Stephen's United Church High Tea on Saturday March 28th at 2pm. Tickets are \$10 each and must be purchased in advance. Please call the office at 705.566.2933 to reserve your ticket today. Fancy sandwiches and desserts are on the menu and Graham Laporte will be entertaining everyone with his music.

Stand Up!

Registrations are now being taken for the next

Stand Up Exercise program. It will begin in early April and run for 12 weeks. This is a very popular program that fills up quickly. It is held in the Fellowship Hall on Tuesday and Thursday mornings and is run by volunteers from the Sudbury and District Health Unit. If you wish to sign up for it (no charge) please contact the Older Adult Centre.

Clothing Swap

There will be a second Clothing Swap at the Ascension on Saturday 28th March. Drop off your gently used spring/summer clothes on Friday evening and come along on Saturday to pick out your new wardrobe! We would especially like babies, toddlers and childrens clothing. Please drop your used clothing off at the Ascension on Friday 27th March from 5pm until 9pm. The clothing swap is on Saturday from 9am until 4pm.

Technology in Worship Workshop

Manitou Conference are holding a Technology in Worship Workshop on Saturday 28th March at St. Stephen's on the Hill. Anyone interested in participating should speak to Rev. Anne.

Let's Walk the Talk

On Wednesday 1st April, there will be a Prayer Walk through our downtown core led by Outreach workers, the Blue Coats and the Red Coats (they often come into our OOTC dinners)

Gathering will take place at Christ the King Church, 21 Ste. Anne Road at 5pm for a Chili supper. The group will then be stopping to offer prayers in the

downtown neighbourhood that reach out to people who call the street 'Home'. The group will be stopping to offer prayers as they move through the downtown core and will end at the Church of the Epiphany for a Tenebrae service.

Lay Leaders Day course

Fr. Bob is leading a one day workshop at St. Brice's in North Bay on the New Testament. It will be on Saturday 25th April. All lay readers and other lay leaders are encouraged to register for this course which should be very interesting and engaging. This is a wonderful opportunity for learning.

Lenten services

Please join us for worship on Wednesday morning during Lent at 9:30am. Following each service we will be having a study written especially for Lent by the Rt. Rev. Terry Dance of the Diocese of Huron called , "To the cross and beyond."

Holy Week Services

Please mark these important dates in your calendars.

Holy Thursday: April 2nd 7pm Celebration of the Eucharist, Foot washing, Stripping of the Altar.

Good Friday: 11am This year's Good Friday service will be a traditional service from our Book of Alternative Services and will be at the Ascension.

Holy Saturday: April 4th: Easter Vigil Service at the Ascension at 8pm. There will be a choir consisting of parishioners from Sudbury parishes. Please note the rehearsal times.





What a country!

Many years ago, my father was visiting America, from Europe, for the very first time.

He said he wanted to go with me to the supermarket, so I invited him along.

As he went up & down the aisles with me, at the local Giant Food Store, he constantly asked me questions about products he saw.

"Vas diss?? Powdered orange juice??" asked my dad (pointing at Tang).

I said, "Yeh, Dad. You just add a little water, and you have fresh orange juice."

A few minutes later, in a different aisle, dad blurted out, "Und vas dis?? Powdered milk?" (pointing at a box of Carnation).

I said, "Yeah, Dad. You just add a little water, and you have fresh milk!"

A few minutes later, in a different aisle, my dad yelled out, "Und give a look here!! Baby Powder!! Vat a country, vat a country!"

| Sunday Lectionary for March-May | | | |
|--|--------------------------------------|------------------------------------|---------------------------------|
| 29 March Liturgy of the Palms | | 26 April Fourth Sunday of Easter | |
| Psalm 118:1-2, 19-29 | Mark 11:1-11 or John | Acts 4.5-12 | 1 John 3.16-24 |
| 12:12-16 29 March Liturgy of the Passion | | Psalm 23 | John 10.11-18 |
| | | 3 May Fifth Sunday of Easter | |
| Isaiah 50:4-9a | Philippians 2:5-11 | 1 . 0.06 40 | 411 4504 |
| Psalm 31:9-16 | Mark 14:1-15:47 or | Acts 8:26-40 | 1 John 4:7-21 |
| | Mark 15:1-39, (40-47) | Psalm 22:25-31 | John 15:1-8 |
| 4 April Holy Saturday | | 10 May Sixth Sunday of Easter | |
| Job 14:1-14 or Lamenta- | 1 Peter 4:1-8 | Acts 10:44-48 | 1 John 5:1-6 |
| tions 3:1-9, 19-24 | | Psalm 98 | John 15:9-17 |
| Psalm 31:1-4, 15-16 | Matthew 27:57-66 or John 19:38-42 | 17 May Seventh Sunday of Easter | |
| 5 April Resurrection of the Lord | | Acts 1:15-17, 21-26 | 1 John 5:9-13 |
| Acts 10:34-43 or Isaiah | 1 Corinthians 15:1-11 | Psalm 1 | John 17:6-19 |
| 25:6-9 | or Acts 10:34-43 | 24 May Day of Pentecost | |
| Psalm 118:1-2, 14-24 | John 20:1-18 | | |
| | or Mark 16:1-8 | *Acts 2:1-21 or Ezekiel 37:1-14 | Romans 8:22-27or Acts 2:1-21 |
| 12 April Second Sunday of Easter | | | |
| Acts 4:32-35 | 1 John 1:1-2:2 | Psalm 104:24-34, 35b | John 15:26-27; 16:4b-15 |
| Psalm 133 | John 20:19-31 | 31 May First Sunday after Lent | |
| 19 April Third Sunday of Easter | | Isaiah 6:1-8 | Romans 12:9-16b |
| Acts 3:12-19 | 1 John 3:1-7 | Psalm 113 | Luke 1:39-57 |
| Psalm 4 | Luke 24:36b-48 | | |

Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements..

Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioners emails to any other group.

Agnus Day



Agnus Day appears with the permission of www.agnusday.org

Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.