



Indigenous women: Traditional roles, healing and the power of the drum

The Ascension invites you to join us with Ghislaine Goudreau for another evening as we deepen our relationship with our Indigenous neighbours.

Wednesday, January 27th, 6:30pm
Church of the Ascension
1476 Sparks St.

Ghislaine Goudreau is a member of the Algonquin of Pikwàkanagàn. She has her Master of Science Degree in Health Promotion. Her thesis was about Aboriginal women's hand drumming in relation to health promotion. Ghislaine believes in building on the strengths in the Aboriginal community. Hand drumming is a strength that she nurtures as a member of the Waabishki Mkwaa Singers. She teaches drumming to children at Shkagamik-Kwe Health Centre. She has recently been acknowledged by the Sudbury urban Indigenous community for her work in bringing the Anishnaabe-Kweg Water Journey to Sudbury. This event celebrated its 10th anniversary where Indigenous women and supporters walk 20K around Ramsey Lake to help raise awareness about the importance of Anishnaabe women's role in taking care of the water. Ghislaine has been a Health Promoter for over 15 years. She also created an Aboriginal Health and Well-being course which she taught for 5 years at the University of Sudbury.