# Church of the Ascension Sudbury Outario

# **News and Announcements**

**April 17, 2016** 

#### In the parish this week

Rev. Anne will be attending the Diocesan Clergy Conference at Cedar Campus in Michigan from Wednesday 20th until Saturday 23rd April. In her absence Rev. Rhonda, Fr. Bob and Rev. Jeff are available for pastoral emergencies.

- This evening (April 17th) Final Youth Alpha at 6:30pm lead by Rev. Jeff, Cora, Erma and Megan
  - 8pm BCP Evening Prayer lead by Brent Leigh
- Monday 18th April at 9am: The ACW are preparing the scones for their Strawberry Tea on May 5th.
- **Tuesday 19th April** 1:30pm NE Ministerial Meeting at St. Stephen's on the Hill
- Wednesday 20th April 9:30am Morning prayer and Bible Study 7pm- Choir and Confirmation class
- Thursday 21st April The youth meet at Megan Trimmer's for fellowship and a mov-
- **Friday 22nd April** the final Out of the Cold dinner for this season at the Church of the Epiphany. If you can help, please let Marie Vitone or Luke Norton know as soon as possible.
  - 11am -8pm Drop off for the YARD SALE
- April Saturday 23rd 8am 3pm Ascension YARD SALE come and find some treasures.

# **BCP Morning and Evening Prayer**

Twice a month Brent Leigh leads a service of Morning or Evening Prayer in the Chapel according to the Book of Common Prayer. You are all welcome to join - they happen twice a month and you can find the dates on the monthly calendar. April 17th is BCP Evening Prayer at 8pm.

# **Church of the Ascension Yard** Sale

Spring's a great time to take stock of all those items you've been storing (and never using) for years. Clean out those closets; empty those shelves and drop them off at the church on Friday afternoon/ evening. Then, on Saturday 23rd April come back to the church and stock up on new treasures for those drawers and shelves.

If you can help with the Yard Sale, please connect with Jen Ames at 705.618.2319

# **ACW Annual Meeting**

Every year the women of the Diocese gather in a different deanery for a three

# Prayer for the Queen on her 90th birthday on April 21st

Heavenly Father, as we celebrate the 90th birthday of Her Majesty the Queen, receive our heartfelt thanks for all that you have given her in these ninety years and for all that she has given to her people. Continue, we pray, your loving purposes in her, and as you gather us together in celebration, unite us also in love and service to one another; through Jesus Christ our Lord. Amen

day conference. It's a great way for them to connect with each other and make new friends. There are guest speakers, worship, time for fellowship and a banquet. This year's "Annual" as it is called is being held in Sudbury from May 31st in the evening until June 2nd at lunchtime. If you are interested in attending the Annual this year please speak to ACW President Cathy Dionne or one of the women who have attended in the past. Every year there is a 'thank offering' taken up and this year the monies will be given to the Diocese of Tarime for a women's sewing project. Right now the women are collecting change and

dollars to give to this thank offering. There is a jar outside Rev. Anne's office for your gifts of money.

# **Strawberry Tea**

The Strawberry Tea is being held this year on Thursday May 5th. Tickets are \$5 each and are now on sale. Get yours from Betty McLeod.

# Congregational Meeting Sunday May 1st

There will be a congregational meeting on Sunday May 1st after the 11am service to discuss a proposal regarding a building project that a member of the congregation,

# Dinner Theatre Fundraiser at St. Stephen's on the Hill United Church

St. Stephen's on the Hill will be hosting a dinner theatre "Kitchen Witches:" on Saturday, May 28th, 2016, tickets are \$35.00 per person.

If anyone would more information, please call St. Stephen's @ 705-566-2933.

# The Lougheed Family & Staff invite you to a luncheon presentation: "Prearranging a Funeral" - May 10th, 2016

The information required, the options available, the legalities and the costs will be discussed. There is no charge for the presentation or lunch.

Please telephone (705) 673-9591 or email lougheeds@lougheeds.ca to reserve a seat.

Tuesday, May 10th, 2016 at the Parkside Older Adult Center, 140 Durham Street, Sudbury

Lunch will be served at 12 Noon with the presentation starting at 12:30 P.M. If you know the question about dying isn't "IF" I die but "WHEN" I die then you know prearranging a funeral is a good idea because it's not an "IF" but a "WHEN".

Bob Corrigan would like to do in memory of his late wife Ann wife. Funds given in Ann's name would be used. Bob presented his idea to the board and they felt that the congregation needs to be involved in the decision making process which is why this meeting is being called. Because the project involves the interior of the sanctuary Bishop Stephen would ultimately need to give his approval to it. This meeting is a discussion meeting so that parishioners can learn about the project and then prayerfully consider the proposal. You are asked to join us for the meeting and to prayerfully consider the request that has been made by Bob.

#### **Adult Confirmation Class**

Fr. Bob and Rev. Anne are planning the Confirmation class for adults. If you wish to be confirmed or received into the Anglican Church, please let Rev. Anne or Fr. Bob know as soon as possible so we can set the class times.

# **Barrydowne College Lunch**

**Wednesday 20th April** - is the Ascension's Day to provide a healthy lunch for the students at Barrydowne College. Please look at the sign up sheet and see how you can contribute.

#### **Senior's Lunch**

# Wednesday 27th April - You are invited!

Join us for the Annual Spring lunch for seniors at noon on Wednesday 27th April. Enjoy fellowship with others in the parish and

# **Thought for the Week**

"If you want to know how spiritual or how holy you are, take a look at your friends, because they are a very good reflection of your spiritual growth ... How spiritual are your friends? I can tell you this: they are probably about as spiritual as you are."

- D. James Kennedy.

have a lovely lunch too. Looking forward to seeing you there, but please RSVP by signing the sheet in the entrance.

# **Get Fit for Active Living**

This exercise for seniors is designed to introduce you to physical activity. It includes three hours of exercise, discussion and education a week. Exercise includes accelerated walking and strength training.

This new class begins on April 19 th and runs until June 9 th on Tuesdays and Thursday's at 9 am. Call the Parkside at 705.673.6227 to find out more or to register.

# **Grocery Cards**

You are all amazing when it comes to bringing in non perishable food items for those in need. Over the course of a month several car loads of food is carried to the cupboard upstairs and distributed. Sometimes it is to individuals and sometimes to Barrydowne College students or the Mission. Rev. Anne has also been giving out grocery gift cards to individuals and students in need. These cards are used for

# **Parish Directory**

Email. ascension@vianet.ca Web Site www.churchoftheascensionsudbury.com https://www.facebook.com/ascensionsudbury Facebook The Ven. Anne Germond Rector Hon. Assistant The Rev. Rhonda Hirst Hon. Associate The Rev. Dr. Robert Derrenbacker Rector's Warden Erma Howe 705-521-0377 (cell) 705-988-4402 People's Warden Jen Ames (cell) 705-618-2319 **Deputy Warden** (home) 705-524-6482 Brent Leigh

perishable food items such as bread, milk, cheese, fruit and veges. If you are able to help with the grocery cards, it would be very much appreciated. Any denomination, any grocery store will do. Thank you for considering this very important ministry of

The Ascension is striving to be a nut free and scent free parish, due to the many nut and scent allergies.

the parish.

# **Upcoming Sunday School Events**

The Sunday teachers are planning a yard sale during on Saturday April 23rd. Start your spring cleaning early and gathering items from your closets! The church does not have room to store any items but will gladly receive then when the time is right.

We'll keep you posted.

#### **Vacation Bible School**

Looking ahead to the summer and Vacation Bible School - "Cave Quest" - SAVE THE DATE

The dates have been set for "Cave Quest " our Summer vacation Bible School. The week will be August 8th - 12th 2016.

Bev has set up a SudburyManitoulin Vacation Bible School page on Facebook and also on Pinterest where you can view the Child and Youth Ministry Deanery Sudbury Manitoulin posts on the Cave Quest Board

There will be a **fundraiser for VBS** held at Boston Pizza on Monday, April 11th from 5 to 8 p.m. If we can get 100 people to attend and to say that they are there as part of our fundraising event we will get 10% of

#### **SAVE THE DATE!**

St. Peter's United Church in Sudbury will be welcoming a refugee family from Syria. In partnership with the federal government, we will be providing the funding required to support this family of 10 for one year. In addition to the costs of establishing a household and of acquiring personal items, ongoing funding support will be provided for all living expenses.

Your participation in this fundraising event, "SALAM NEIGHBOR," will assist in supporting this family as they settle into the Sudbury community.

#### **SALAM NEIGHBOR**

... an award-winning, feature-length film connecting the world to the lives of refugees

"A MUST-SEE" (UN Refugee Agency)

# Wednesday, May 11, 2016

St. Peter's United Church 203 York St., Sudbury

Doors open: 6:30 pm Film: 7:00 - 8:30 pm Q&A: 8:30 - 9:00 pm

Free Will Donation in support of St. Peter's United Church Syrian Refugee Sponsorship Project All are welcome!

SALAM NEIGHBOR is a powerful, inspirational film. Hopefully, moved by the stories of a displaced family and individuals living in Jordan's Za'atari refugee camp, we will be encouraged to be better global citizens and to actively work to support Syrian refugees in restarting/rebuilding their lives.

their food and non alcoholic order. It is hoped that this will help pay for the resource material.

# **Refugee Fund**

We are so grateful for your support of the Refugee family we will be bringing to Sudbury. Thank you for the donations of money and your promise of assistance when they arrive. Please note that the ARK (Refugee group) finances are kept in a separate bank account to the church funds. If you are making a donation to ARK please write a dedicated cheque to "Church of the Ascension refugee fund". We cannot separate funds on one cheque.

# A Message from ARK New Sudbury Refugee Steering Committee

From: ARK New Sudbury Refugee Steering Committee <arknewsudbury@gmail.com>

Date: April 15, 2016 at 7:29:42 AM EDT

To: cagermond@bell.net

Subject: Update on Refugee Sponsorship

Good morning supporters of Ark New Sudbury

We would like to keep you updated regarding our continued efforts to bring a Syrian refugee family to Sudbury.

Many news stories over the last two weeks report changes to the Canadian government's processing of private sponsorships. After several months of giving priority to Syrian files, staffing levels are reduced and redirected to other refugee priorities. Some temporary measures put in place to expedite the processes have been removed. There are fewer resources and much uncertainty.

This article in the Toronto Star explains some of the obstacles we are currently facing.

http://www.msn.com/en-ca/news/canada/ottawa-should-reverse-new-rules-on-syrian-refugees/ar-BBrsJy8

In our case, we can report that all of our application forms were submitted prior to the March 31st cutoff date. We have confirmed with the Central Processing Office that the paperwork is in order and they have everything necessary to proceed. Unfortunately, reduced support for Syrian refugees, may mean months of waiting and more barriers yet to overcome. We remain fully committed to follow through on our goal to safely resettle a Syrian refugee family to our community and will update when we have more concrete news.

We are trying to maintain a balance of respecting the privacy of the family we are attempting to sponsor and keeping you all informed. We will continue to provide information as we receive it and will rally our volunteers to prepare for the arrival of our family as the time comes.

Sincerely,

The Ark New Sudbury Refugee Committee

# An evening with artist Leland Bell - May 12th 2016 at 6:30pm

Who is Leland Bell?

Leland Bell is Anishinabe from the Wikwemikong Unceded First Nation on Manitoulin Island. Leland was one of the young men mentored by members of the Indian Group of Seven at the Manitou Arts Foundation, a summer school that operated on Schreiber Island in 1972. He was deeply inspired by the work of the Woodland artists and with the help of elders has made the connection between the Anishnabe concept of vision quest and his own committment to living life as a good being.

Leland Bell's paintings are of stylized human figures sharing the affinity of family or friends, often depicting imagery of nurturing, sharing, learning, peace and serenity.

"My art comes from the Three Fires (or Midewiwin) tradition. That is what I

believe in. I came to this belief through a dream I had about peace. It was a deeply spiritual experience. After consulting with Elders I began trying to build my sense of spirituality. Then I needed to have an Indian name. I consulted with some elders and asked them to help me find my name. I was given the name Bebaminojmat which, loosely translated, means, 'when you go around you talk about good things'. Then I fasted to prepare my body and my mind to talk to the Creator. This is where my art comes from.



"The circle is central to our tradition. The Creator sits in the East. Yellow is the colour for that direction; the sacred herb is tobacco; the animal is the eagle. Red is the colour of the South which is the place of all young life, of the little animals; the sacred plant is cedar. The West is the place of life; it's colour is black and the sacred medicine is sage. All the healing powers come from the North; its colour is white; sweetgrass comes from there; and that is where the sacred bear sits. "The Circle is what my paintings are based on. The rounded lines are deliberate ... what I create is something simple and serene and peaceful."

All the paradigms that sustain his creativity exist within his Anishinabe culture. He says that he absorbs what he needs and discards what he doesn't need from other cultures and is committed to remain Anishinaabe.

In the same manner that the first wave of Woodlands artists contributed to his life, Leland Bell has also been an art instructor and has conducted numerous workshops and presentations across the continent.

From <a href="http://www.native-art-in-canada.com/lelandbell.html">http://www.native-art-in-canada.com/lelandbell.html</a>





# 60 the new 40?



BISHOPHURST SAULT STE MARIE ONTARIO

12 April 2016

#### Dear Friends,

I want to say a big thank you to so many in the diocese who took the time to write notes and cards expressing best wishes on the occasion of my 60th birthday. I was feted by two surprise parties — one hosted by our daughter and son-in-law in Sudbury, and the other in the middle of our Executive Committee meetings where there was a coup and the chair was taken over by the Archdeacon of Muskoka!

Mark Twain writes somewhere, 'Life would be infinitely happier if we could only be born at the age of eighty and gradually approach eighteen.' I suppose there may be some truth in this – imagine eighty years' wisdom and experience invested in the energy and agility of an eighteen-year-old! But time doesn't work like that, and where would wisdom and experience come from, if it weren't for the trials of youth?

No, the better attitude is the one of the Roman poet Horace, who asked. 'Natalis grate numeras?', 'Do you count your birthdays thankfully?' In my case, the answer is a heartfelt 'Yes!' I have a wonderful and doting family, and I am blessed to serve a warm and generous diocese. How generous? Imagine my surprise when I was told that a collection had produced \$5,000 for Tarime! I was so thrilled that I reminded the Executive that I turn 61 next year!

I am grateful to you all and give thanks to God for his goodness in the past 60 years. May the hope and joy of the resurrection keep us ever young!

+Styden

# CONFUCIUS SAYS.....



- "Man who run in front of car get tired"
- "Man who run behind car get exhausted"
- "Two wrongs not make a right Three lefts do"
- "Man who eat many prunes get good run for money."
- "War doesn't determine who's right. War determines who's left."
- "Man who tell one too many light bulb jokes soon burn out!"
- "Man who sit on tack get point!"
- "Man who lives in glass house should change in basement"

What's the difference between a southern zoo and a northern zoo?

A southern zoo has a description of the animal on the front of the cage, along with a recipe.

- # -

hOked on fOniks WerKed fir me.

# **Sunday Lectionary for April—June**

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#### 24 Apr 5th Sunday of Easter **22 May Trinity Sunday**

Acts 11:1-18 Revelation 21:1-6 Proverbs 8:1-4, 22-Romans 5:1-5

John 13:31-35 Psalm 148 31

Psalm 8 John 16:12-15 1 May 6th Sunday of Easter

Revelation 21:10, Acts 16:9-15 22-22:5 29 May 2nd Sunday after Pentecost

Psalm 67 John 14:23-29 1 Kings 18:20-21, Galatians 1:1-12

or (22-29), 30-39

John 5:1-9 Psalm 96 Luke 7:1-10

#### 8 May. 7th Sunday of Easter

**5 June 3rd Sunday after Pentecost** Acts 16:16-34 Revelation 22:12-

14, 16-17, 20-21 1 Kings 17:8-16, Galatians 1:11-24

Psalm 97 John 17:20-26 (17-24)

#### 15 May Day of Pentecost

Psalm 146 Luke 7:11-17

12 June 4th Sunday after Pentecost \*Acts 2:1-21 Romans 8:14-17

or or Galatians 2:15-21 1 Kings 21:1-10, Genesis 11:1-9 Acts 2:1-21

(11-14), 15-21a Psalm 104:24-34, John 14:8-17, (25-

Psalm 5:1-8 Luke 7:36-8:3 35b 27)

# **Services of Worship at the Ascension**

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements...

# **Membership at the Ascension**

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioner's emails to any other group.

# **Agnus Day**



Agnus Day appears with the permission of www.agnusday.org

# Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.

Family Name:	
Person 2	
	(John & Mary Smith, Mr. & Mrs J. Smith, The Smiths)
Address	
	Postal Code
Dhone	(Please include all 10 digits)