

# *Church of the Ascension*

*Sudbury Ontario*

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## **News and Announcements**

**April 24, 2016**

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### **In the parish this week**

**This afternoon at 3pm:** Final Service of Thanksgiving for St. James Massey

**Monday 25th April at 7pm** - Beth Hewson's ordination to the priesthood at Christ Church, North Bay.

**Wednesday 27th April** - 9:30am Holy Eucharist and Bible Study

Noon - Senior's Lunch

7pm - Confirmation Class for youth and adults

**Thursday 28th April** at 1:30pm - Finlandia Eucharist

**Friday 29th April:** 9am Morning Prayer BCP followed by Lay readers meeting.

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### **Beth Hewson Ordination**

Three years ago Beth Hewson spent three months at the Ascension doing her field placement as a Student of Divinity at Wycliffe College. Beth is now the part time incumbent at St. Simon's in Temagami and will be ordained a priest on Monday evening. Everyone is welcome to attend the celebration at Christ Church North Bay. Please let Rev. Anne know if you need a ride. Thank you to Betty McLeod who has embroidered the beautiful vine and grapes onto the stole we will be giving Beth as a gift from the parish. This stole will be dedicated at the 11am service on Sunday.

### **Yard Sale**

Thank you to everyone for your contributions to the Yard Sale which was held on Saturday 23rd April, and also to those who came out to support it by offering a helping hand.

### **OOTC Dinners**

A HUGE thank you to Luke Norton, Marie Vitone and all the volunteer helpers who

made this winter's OOTC dinner program such a success. We catered to large groups of guests each time we prepared a meal; we served delicious and healthy meals; and our guests were served by caring individuals who showed the love of Christ to them. Special thanks to the Church of the Epiphany for allowing us to use their facility to do God's work.

### **Confirmation 2016**

Confirmation classes for adults will be lead by Fr. Bob and Brent Leigh. Everyone in the congregation is invited to join these classes if you are interested. Here are the dates and themes for adults.

- Wednesday April 27th at 7pm – Fr. Bob “Sacraments and the Church Year” (adults)
- Wednesday May 11th at 7pm - Fr. Bob “Israel” a Presentation from a Pilgrims perspective (for adults and youth) This is from Fr. Bob's recent pilgrimage to the Holy Land. Everyone is welcome to join the confirmation class for this

evening and to see Fr. Bob's presentation.

- Sunday May 15th at 1:15pm - Fr. Bob "An introduction to the Bible, Prayer and Service" (adults)
- Wednesday May 25th at 7pm - Brent Leigh - "The History of the Anglican Church" for adults
- Wednesday June 1st at 7pm: Brent Leigh - "The Structure of the Anglican Church today" for adults.

### **General Synod 2016**

A motion to amend the Marriage Canon will appear before General Synod in July. In preparation for this, the Commission on the Marriage Canon prepared a document entitled "This Holy Estate: The Report of the Commission on the Marriage Canon."

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***The Ascension is striving to be a nut free and scent free parish, due to the many nut and scent allergies.***

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All people interested in reading and considering the document are invited to join me for a series of discussions on the first three Mondays of May (2, 9, 16) from 7-8:15 p.m. The document may be found here: <http://www.anglican.ca/about/ccc/cogs/cmc/submissions/>. The assumption is that these discussions will be undertaken with an open heart and respect for the perspectives of all at the table. A venue will be chosen once I know what the interest level is. Please also note that while these discussions have been encouraged by the national church, they are not taking place under the auspices of any particular parish. Please contact Patti Brace at 705-673-1216 or [pbrace@fibreop.ca](mailto:pbrace@fibreop.ca).

### **BCP Morning and Evening Prayer**

Twice a month Brent Leigh leads a service

### **Thought for the Week**

*"Just because of His unfathomable love, the God of LOVE, when He sees His children resting their souls on things that can be shaken, must necessarily remove those things from their lives in order that they may be driven to rest only on the things that CANNOT be shaken; and this process of removing is sometimes very hard." - Hannah Whitall Smith*

of Morning or Evening Prayer in the Chapel according to the Book of Common Prayer. You are all welcome to join - they happen twice a month and you can find the dates on the monthly calendar. April 17th is BCP Evening Prayer at 8pm.

### **ACW Annual Meeting**

Every year the women of the Diocese gather in a different deanery for a three day conference. It's a great way for them to connect with each other and make new friends. There are guest speakers, worship, time for fellowship and a banquet. This year's "Annual" as it is called is being held in Sudbury from May 31st in the evening until June 2nd at lunchtime. If you are interested in attending the Annual this year please speak to ACW President Cathy Dionne or one of the women who have attended in the past. Every year there is a 'thank offering' taken up and this year the monies will be given to the Diocese of Tarime for a women's sewing project. Right now the women are collecting change and dollars to give to this thank offering. There is a jar outside Rev. Anne's office for your gifts of money.

### **Strawberry Tea**

The Strawberry Tea is being held this year on Thursday May 5th. Tickets are \$5 each and are now on sale. Get yours from Betty

**A Prayer for Her Majesty, Queen Elizabeth as she celebrates her 90th  
Birthday on April 21st, 2016**

God Save the Queen!

Heavenly Father, who hast brought our gracious sovereign Queen Elizabeth to the completion of her ninetieth year, and dost gather her people in celebration of the same: grant that we, rejoicing before thee with thankful hearts, may ever be united in love and service to one another, and her kingdom flourish in prosperity and peace, through Jesus Christ our Lord.

Heavenly Father, as we celebrate the ninetieth birthday of Her Majesty the Queen, receive our heartfelt thanks for all that you have given her in these ninety years and for all that she has given to her people. Continue, we pray, your loving purposes in her, and as you gather us together in celebration, unite us also in love and service to one another; through Jesus Christ our Lord.

(Chosen by Her Majesty – Church of England)

**Dinner Theatre Fundraiser at  
St. Stephen's on the Hill United Church**

St. Stephen's on the Hill will be hosting a dinner theatre "Kitchen Witches:" on Saturday, May 28th, 2016, tickets are \$35.00 per person.

If anyone would more information, please call St. Stephen's @ 705-566-2933.

**The Lougheed Family & Staff invite you to a luncheon presentation:  
"Prearranging a Funeral" - May 10th, 2016**

The information required, the options available, the legalities and the costs will be discussed. There is no charge for the presentation or lunch.

Please telephone (705) 673-9591  
or email [lougheeds@lougheeds.ca](mailto:lougheeds@lougheeds.ca) to reserve a seat.

Tuesday, May 10th, 2016 at the  
Parkside Older Adult Center,  
140 Durham Street, Sudbury

Lunch will be served at 12 Noon with the presentation starting at 12:30 P.M.  
If you know the question about dying isn't "IF" I die but "WHEN" I die then you know prearranging a funeral is a good idea because it's not an "IF" but a "WHEN".

McLeod.

## **Congregational Meeting Sunday May 1st**

There will be a congregational meeting on Sunday May 1st after the 11am service to discuss a proposal regarding a building project that a member of the congregation, Bob Corrigan would like to do in memory of his late wife Ann wife. Funds given in Ann's name would be used. Bob presented his idea to the board and they felt that the congregation needs to be involved in the decision making process which is why this meeting is being called. Because the project involves the interior of the sanctuary Bishop Stephen would ultimately need to give his approval to it. This meeting is a discussion meeting so that parishioners can learn about the project and then prayerfully consider the proposal. You are asked to join us for the meeting and to prayerfully consider the request that has been made by Bob.

## **Senior's Lunch**

**Wednesday 27th April  
- You are invited!**

Join us for the Annual Spring lunch for seniors at noon on Wednesday 27th April. Enjoy fellowship with others in the parish and have a lovely lunch too. Looking forward to seeing you there, but please RSVP by signing the sheet in the entrance.

## **Get Fit for Active Living**

This exercise for seniors is designed to introduce you to physical activity. It includes three hours of exercise, discussion and education a week. Exercise includes accelerated walking and strength training.

This new class begins on April 19th and runs until June 9th on Tuesdays and Thursday's at 9 am. Call the Parkside at 705.673.6227 to find out more or to register.

## **Grocery Cards**

You are all amazing when it comes to bringing in non perishable food items for those in need. Over the course of a month several car loads of food is carried to the cupboard upstairs and distributed. Sometimes it is to individuals and sometimes to Barrydowne College students or the Mission. Rev. Anne has also been giving out grocery gift cards to individuals and students in need. These cards are used for perishable food items such as bread, milk, cheese, fruit and veges. If you are able to help with the grocery cards, it would be very much appreciated. Any denomination, any grocery store will do. Thank you for considering this very important ministry of the parish.

## **Vacation Bible School**

Looking ahead to the summer and Vacation Bible School - "Cave Quest" - SAVE THE DATE

The dates have been set for "Cave Quest " our Summer vacation Bible School. The

## **Parish Directory**

**Email.**

ascension@vianet.ca

**Web Site**

www.churchoftheascensionsudbury.com

**Facebook**

https://www.facebook.com/ascensionsudbury

**Rector**

The Ven. Anne Germond

**Hon. Assistant**

The Rev. Rhonda Hirst

**Hon. Associate**

The Rev. Dr. Robert Derrenbacher

**Rector's Warden**

Erma Howe

705-521-0377 (cell) 705-988-4402

**People's Warden**

Jen Ames

(cell) 705-618-2319

**Deputy Warden**

Brent Leigh

(home) 705-524-6482

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week will be August 8th - 12th 2016.

Bev has set up a SudburyManitoulin Vacation Bible School page on Facebook and also on Pinterest where you can view the Child and Youth Ministry Deanery Sudbury Manitoulin posts on the Cave Quest Board

### **Refugee Fund**

We are so grateful for your support of the Refugee family we will be bringing to Sudbury. Thank you for the donations of money and your promise of assistance when

they arrive. Please note that the ARK (Refugee group) finances are kept in a separate bank account to the church funds. If you are making a donation to ARK please write a dedicated cheque to "Church of the Ascension refugee fund". We cannot separate funds on one cheque.

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## **SAVE THE DATE!**

St. Peter's United Church in Sudbury will be welcoming a refugee family from Syria. In partnership with the federal government, we will be providing the funding required to support this family of 10 for one year. In addition to the costs of establishing a household and of acquiring personal items, ongoing funding support will be provided for all living expenses.

Your participation in this fundraising event, "SALAM NEIGHBOR," will assist in supporting this family as they settle into the Sudbury community.

SALAM NEIGHBOR

... an award-winning, feature-length film  
connecting the world to the lives of refugees

"A MUST-SEE"  
(UN Refugee Agency)

**Wednesday, May 11, 2016**

St. Peter's United Church  
203 York St., Sudbury

Doors open: 6:30 pm Film: 7:00 - 8:30 pm Q&A: 8:30 - 9:00 pm

Free Will Donation in support of St. Peter's United Church  
Syrian Refugee Sponsorship Project

All are welcome!

SALAM NEIGHBOR is a powerful, inspirational film. Hopefully, moved by the stories of a displaced family and individuals living in Jordan's Za'atari refugee camp, we will be encouraged to be better global citizens and to actively work to support Syrian refugees in restarting/rebuilding their lives.

## An evening with artist Leland Bell - May 12th 2016 at 6:30pm

Who is Leland Bell?

Leland Bell is Anishinabe from the Wikwemikong Unceded First Nation on Manitoulin Island. Leland was one of the young men mentored by members of the Indian Group of Seven at the Manitou Arts Foundation, a summer school that operated on Schreiber Island in 1972. He was deeply inspired by the work of the Woodland artists and with the help of elders has made the connection between the Anishnabe concept of vision quest and his own commitment to living life as a good being.

Leland Bell's paintings are of stylized human figures sharing the affinity of family or friends, often depicting imagery of nurturing, sharing, learning, peace and serenity.

"My art comes from the Three Fires (or Midewiwin) tradition. That is what I believe in. I came to this belief through a dream I had about peace. It was a deeply spiritual experience. After consulting with Elders I began trying to build my sense of spirituality. Then I needed to have an Indian name. I consulted with some elders and asked them to help me find my name. I was given the name Bebaminojmat which, loosely translated, means, 'when you go around you talk about good things'. Then I fasted to prepare my body and my mind to talk to the Creator. This is where my art comes from.



"The circle is central to our tradition. The Creator sits in the East. Yellow is the colour for that direction; the sacred herb is tobacco; the animal is the eagle. Red is the colour of the South which is the place of all young life, of the little animals; the sacred plant is cedar. The West is the place of life; it's colour is black and the sacred medicine is sage. All the healing powers come from the North; its colour is white; sweetgrass comes from there; and that is where the sacred bear sits. "The Circle is what my paintings are based on. The rounded lines are deliberate ... what I create is something simple and serene and peaceful."

All the paradigms that sustain his creativity exist within his Anishinabe culture. He says that he absorbs what he needs and discards what he doesn't need from other cultures and is committed to remain Anishinabe.

In the same manner that the first wave of Woodlands artists contributed to his life, Leland Bell has also been an art instructor and has conducted numerous workshops and presentations across the continent.

From <<http://www.native-art-in-canada.com/lelandbell.html>>



Useful English System conversions/units:

- 1) Ratio of an igloo's circumference to its diameter = Eskimo Pi
- 2) 2.4 statute miles of intravenous surgical tubing at Yale University Hospital = 1 I.V. League
- 3) 2000 pounds of Chinese soup = Won Ton
- 4) 1 millionth mouthwash = 1 microscope
- 5) Speed of a tortoise breaking the sound barrier = Mach Turtle
- 6) Time it takes to sail 220 yards at 1 nautical mile per hour = knot-furlong
- 7) 365.25 days of eating nothing but low-calorie food = 1 lite year
- 8) One half large intestine = 1 semicolon
- 9) 1000 aches = 1 megahertz
- 10) Weight an evangelist carries with God = 1 billigram
- 11) Basic unit of laryngitis = 1 hoarsepower
- 12) Time between slipping on a peel and smacking the pavement = 1 bananosecond
- 13) 15453.6 graham crackers = 1 pound cake

## Sunday Lectionary for May—June

### 1 May 6th Sunday of Easter

Acts 16:9-15	Revelation 21:10, 22-22:5
Psalm 67	John 14:23-29 or John 5:1-9

### 8 May. 7th Sunday of Easter

Acts 16:16-34	Revelation 22:12-14, 16-17, 20-21
Psalm 97	John 17:20-26

### 15 May Day of Pentecost

*Acts 2:1-21 or Genesis 11:1-9	Romans 8:14-17 or Acts 2:1-21
Psalm 104:24-34, 35b	John 14:8-17, (25-27)

### 22 May Trinity Sunday

Proverbs 8:1-4, 22-31	Romans 5:1-5
Psalm 8	John 16:12-15

### 29 May 2nd Sunday after Pentecost

1 Kings 18:20-21, (22-29), 30-39	Galatians 1:1-12
Psalm 96	Luke 7:1-10

### 5 June 3rd Sunday after Pentecost

1 Kings 17:8-16, (17-24)	Galatians 1:11-24
Psalm 146	Luke 7:11-17

### 12 June 4th Sunday after Pentecost

1 Kings 21:1-10, (11-14), 15-21a	Galatians 2:15-21
Psalm 5:1-8	Luke 7:36-8:3

### 19 June 5th Sunday after Pentecost

1 Kings 19:1-4, (5-7), 8-15a	Galatians 3:23-29
Psalm 42 and 43	Luke 8:26-39

### 26 June 6th Sunday after Pentecost

2 Kings 2:1-2, 6-14	Galatians 5:1, 13-25
Psalm 77:1-2, 11-20	Luke 9:51-62

## Services of Worship at the Ascension

Sunday morning: Holy Eucharist at 9am and 11am. Sunday school takes place at the 11am service and there is also a nursery for babies and toddlers.

Wednesday morning: Holy Eucharist at 9:30am followed by Bible Study. All welcome!

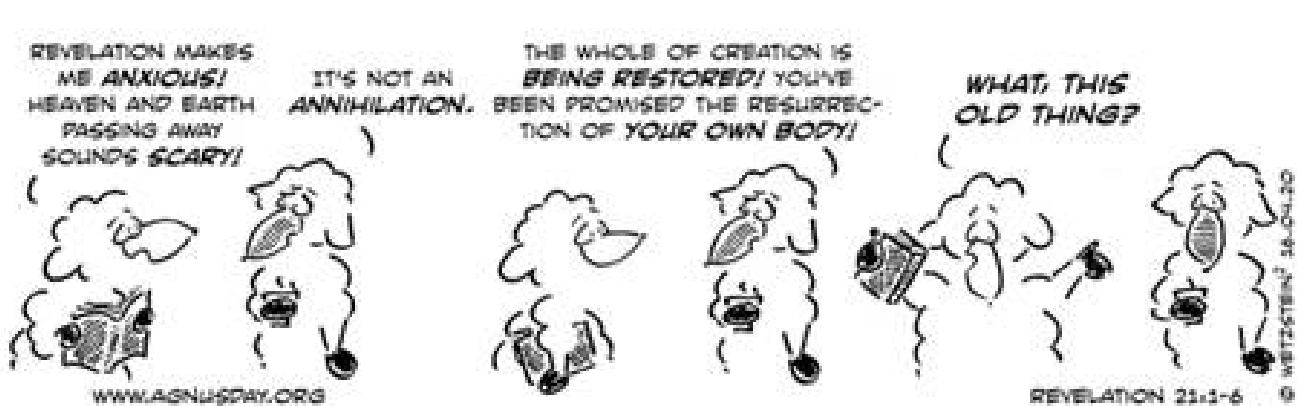
We have a team of parishioners who are licensed by the Bishop to bring the Reserved Sacrament to individuals or couples who are unable to make it to church on Sunday mornings.

Please call the church office at 705-566-2790 and we will be happy to make arrangements..

## Membership at the Ascension

We love it when people say that they are a member of our church, and we want to keep track of our parishioners so that we can send you mailouts, newsletters, and keep you posted on parish events. If you are a new member and wish to be on our parish list, please fill out the form at the bottom of this newsletter and return it to the office, or put it in the offering plate today. If your address, phone number or email address has changed, please fill out the form. Your email address is also important as we have an enews group. We do not give out parishioner's emails to any other group.

## Agnus Day



Agnus Day appears with the permission of [www.agnusday.org](http://www.agnusday.org)

## Your privacy

Every week the church bulletin and news and announcements is posted on the Church of the Ascension's website. Sometimes these items include names of individuals within the parish. If you prefer not to have your name on the website, or photos of yourself posted, please let Rev. Anne know so that she ensures your privacy.

The church website address is [www.churchoftheascensionsudbury.ca](http://www.churchoftheascensionsudbury.ca)

**Family Name:** \_\_\_\_\_

**Person 1** \_\_\_\_\_

**Person 2** \_\_\_\_\_

**Address Family As** \_\_\_\_\_

\_\_\_\_\_  
(John & Mary Smith, Mr. & Mrs J. Smith, The Smiths)

**Address** \_\_\_\_\_

**City** \_\_\_\_\_ **Postal Code** \_\_\_\_\_

**Phone** \_\_\_\_ - \_\_\_\_ - \_\_\_\_ (Please include all 10 digits)

**Email address:** \_\_\_\_\_