

## What's happening this week...

Feb .09, 2020	7:00pm	Youth Group
	8:00pm	Evening Prayer
Feb. 10, 2020	9:00am	Morning Prayer
	8:00pm	Evening Prayer
Feb.11, 2020	7:30pm	Board Meeting
Feb.12, 2020	9:00am	Morning Prayer
	9:30am	Holy Eucharist & Bible Study
	8:00pm	Evening Prayer
Feb.13, 2020	3:00pm	Healing Service -1 <sup>st</sup> Baptist
	8:00pm	Evening Prayer
Feb. 14, 2020	9:00am	Morning Prayer

## In our prayers...

**In the Anglican Cycle of Prayer**, we pray for the the Anglican Church of Canada The Most Revd Linda Nicholls - Primate of the Anglican Church of Canada

**In the Anglican Church of Canada**, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

**In the Diocese of Algoma**, we pray for St. Saviour's, Blind River , Church of the Redeemer, Thessalon -The Ven. Roberta Wilson-Garrett, The Rev. Canon Bob Elkin (Hon.), The Rev. Canon Muriel Hornby (Hon. Emeritus – Thessalon)

**We pray for reconciliation with Indigenous Peoples** Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

**We pray for** the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Bain ,Kay, Mags, Dave Fowler, Annette ,Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Connie, Catherine, George & Dave .

**We pray for those** who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan and Sybil Crawford. May they always feel God's presence in their lives.



## ANGLICAN CHURCH OF THE ASCENSION

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Rector: Rev. Aidan Armstrong | armstrong.aidan@gmail.com

### February 09, 2020

*"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."  
(Matthew 5.16) - Archbishop Anne's Motto for 2020*

<b>Holy Eucharist:</b>	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
<b>Morning Prayer:</b>	Monday, Wednesday, Friday 9:00 am
<b>Evening Prayer:</b>	Monday, Wednesday, Thursday, Sunday 8:00 pm
<b>Messy Church:</b>	1st Wednesday of the month at 4:30 pm

## Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

5<sup>th</sup> Sunday after the Epiphany  
9 &11 am Holy Eucharist

**Processional** 537

**Collect of the day** BAS 353

**First Lesson** Isaiah 58:1-9

**Psalms** 112:1-9

**Second Lesson** 1 Cor. 2:1-12

**Gradual** 431

**Holy Gospel** Matthew 5:13-20

**Offertory** 645

**Prayer over the Gifts** BAS 354

**Communion** 80,61

**Prayer after Communion** BAS 354

**Recessional** 393

**Flowers** the flowers today are given to the glory of God and in loving memory of Todd Fowler by parents Dave & Noella, sister Joanne and daughter Amanda.

<b>Rector:</b>	Rev Aidan Armstrong	(519) 878-2035
<b>Hon. Associate:</b>	Rt. Rev. Dr. Stephen Andrews	
<b>Hon. Assistant:</b>	Rev. Jeff Hooper	
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Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

### **First Reading**

*A reading from Isaiah (Isaiah 58:1-9)*

Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

**Psalm 112:1-9 BAS 860 Refrain** - Happy are they who have given to the poor.

### **Second Reading**

*A reading from 1<sup>st</sup> Corinthians (1 Corinthians 2:1-12)*

When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and

hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God.

### **Gospel**

*The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 5:13-20)*

Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

### **Prayer over the Gifts**

God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.

### **Prayer After Communion**

Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.

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