

What's happening this week...

Feb .16, 2020	7:00pm	Youth Group
	8:00pm	Evening Prayer
Feb. 17, 2020	9:00am	Morning Prayer
	6:30pm	CM Meeting
	8:00pm	Evening Prayer
Feb.19,2020	9:30am	Morning Prayer & Bible Study
	8:00pm	Evening Prayer
Feb.20,2020	8:00pm	Evening Prayer
Feb. 21, 2020	9:00am	Morning Prayer

In our prayers...

In the Anglican Cycle of Prayer, we pray for the the Province of Central Africa The Most Revd Albert Chama - Archbishop of Central Africa & Bishop of Northern Zambia

In the Anglican Church of Canada, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

In the Diocese of Algoma, we pray for Christ Church, Lively, St. John's, Copper Cliff -The Ven. Glen Miller

We pray for reconciliation with Indigenous Peoples Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Bain ,Kay, Mags, Dave Fowler, Annette ,Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Connie, Catherine, George, Dave & David

We pray for the repose of the soul of Blair Simms.

We pray for those who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan and Sybil Crawford. May they always feel God's presence in their lives.



ANGLICAN CHURCH OF THE ASCENSION

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Rector: Rev. Aidan Armstrong | armstrong.aidan@gmail.com

February 16, 2020

*"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."
(Matthew 5.16) - Archbishop Anne's Motto for 2020*

Holy Eucharist:	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
Morning Prayer:	Monday, Wednesday, Friday 9:00 am
Evening Prayer:	Monday, Wednesday, Thursday, Sunday 8:00 pm
Messy Church:	1st Wednesday of the month at 4:30 pm

Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

6th Sunday after the Epiphany
9 &11 am Holy Eucharist

Processional 7

Collect of the day BAS 355

First Lesson Deuteronomy 30:15-20

Psalm 1191-8

Second Lesson 1 Cor. 3:1-9

Gradual 587

Holy Gospel Matthew 5:21-37

Offertory 551

Prayer over the Gifts BAS 355

Communion 50,56

Prayer after Communion BAS 356

Recessional 259

Flowers the flowers today are given to the glory of God and in loving memory of Christina beloved granddaughter of Betty Bonas.

Rector:	Rev Aidan Armstrong	(519) 878-2035
Hon. Associate:	Rt. Rev. Dr. Stephen Andrews	
Hon. Assistant:	Rev. Jeff Hooper	
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Almighty and everliving God, whose Son Jesus Christ healed the sick and restored them to wholeness of life, look with compassion on the anguish of the world, and by your power make whole all peoples and nations; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

First Reading

A reading from Deuteronomy (Deuteronomy 30:15-20)

See, I have set before you today life and prosperity, death and adversity. If you obey the commandments of the Lord your God that I am commanding you today, by loving the Lord your God, walking in his ways, and observing his commandments, decrees, and ordinances, then you shall live and become numerous, and the Lord your God will bless you in the land that you are entering to possess. But if your heart turns away and you do not hear, but are led astray to bow down to other gods and serve them, I declare to you today that you shall perish; you shall not live long in the land that you are crossing the Jordan to enter and possess. I call heaven and earth to witness against you today that I have set before you life and death, blessings and curses. Choose life so that you and your descendants may live, loving the Lord your God, obeying him, and holding fast to him; for that means life to you and length of days, so that you may live in the land that the Lord swore to give to your ancestors, to Abraham, to Isaac, and to Jacob.

Psalm 119:1-8 BAS 868 Refrain - Happy are they who walk in the law of the Lord.

Second Reading

A reading from 1st Corinthians (1 Corinthians 3:1-9)

And so, brothers and sisters, I could not speak to you as spiritual people, but rather as people of the flesh, as infants in Christ. I fed you with milk, not solid food, for you were not ready for solid food. Even now you are still not ready, for you are still of the flesh. For as long as there is jealousy and quarrelling among you, are you not of the flesh, and behaving according to human inclinations? For when one says, "I belong to Paul," and another, "I belong to Apollos," are you not merely human? What then is Apollos? What is Paul? Servants through whom you came to believe, as the Lord assigned to each. I planted, Apollos watered, but God gave the growth. So neither the one who plants nor the one who waters is anything, but only God who gives the growth. The one who plants and the one who waters have a common purpose, and each will receive wages according to the labour of each. For we are God's servants, working together; you are God's field, God's building.

Gospel

The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 5:21-37)

Jesus said, "You have heard that it was said to those of ancient times, 'You shall not murder'; and 'whoever murders shall be liable to judgement.' But I say to you that if you are angry with a brother or sister, you will be liable to judgement; and if you insult a brother or sister, you will be liable to the council; and if you say, 'You fool,' you will be liable to the hell of fire. So when you are offering your gift at the altar, if you remember that your brother or sister has something against you, leave your gift there before the altar and go; first be reconciled to your brother or sister, and then come and offer your gift. Come to terms quickly with your accuser while you are on the way to court with him, or your accuser may hand you over to the judge, and the judge to the guard, and you will be thrown into prison. Truly I tell you, you will never get out until you have paid the last penny. You have heard that it was said, 'You shall not commit adultery.' But I say to you that everyone who looks at a woman with lust has already committed adultery with her in his heart. If your right eye causes you to sin, tear it out and throw it away; it is better for you to lose one of your members than for your whole body to be thrown into hell. And if your right hand causes you to sin, cut it off and throw it away; it is better for you to lose one of your members than for your whole body to go into hell. It was also said, 'Whoever divorces his wife, let him give her a certificate of divorce.' But I say to you that anyone who divorces his wife, except on the ground of unchastity, causes her to commit adultery; and whoever marries a divorced woman commits adultery. Again, you have heard that it was said to those of ancient times, 'You shall not swear falsely, but carry out the vows you have made to the Lord.' But I say to you, Do not swear at all, either by heaven, for it is the throne of God, or by the earth, for it is his footstool, or by Jerusalem, for it is the city of the great King. And do not swear by your head, for you cannot make one hair white or black. Let your word be 'Yes, Yes' or 'No, No'; anything more than this comes from the evil one."

Prayer over the Gifts

Eternal God, you are the strength of the weak and the comfort of sufferers, receive all we offer you this day; turn our sickness into health and our sorrow into joy. We ask this in the name of Jesus Christ the Lord.

Prayer After Communion

God of tender care, in this eucharist we celebrate your love for us and for all people. May we show your love in our lives and know its fulfilment in your presence. We ask this in the name of Jesus Christ the Lord.
