In our prayers...

In the Anglican Cycle of Prayer, we pray for the united Church of Pakistan The Most Revd Humphrey Peters - Bishop of Peshawar & Moderator of the Church of Pakistan

In the Anglican Church of Canada, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

In the Diocese of Algoma, we pray for St. Peter the Apostle, Elliot LakeGowan Gillmor Memorial Chapel, Sagamok, Spanish River The Rev. Henk WillemsThe Rev. Beth Topps Willems (Hon.)

We pray for reconciliation with Indigenous Peoples Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Bain,Kay, Mags, Dave Fowler, Annette ,Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Garfield, Catherine, George, David, Dan & Marc, Gary Bate

We pray for those who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford & Marlene Moulton. May they always feel God's presence in their lives.



ANGLICAN CHURCH OF THE ASCENSION

1476 Spark Street, Sudbury, Ontario, P3E 2A1 Parish Office: (705)566-2790 | ascension@vianet.ca Rector: Rev. Aidan Armstrong | armstrong.aidan@gmail.com

July 05, 2020

"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven." (Matthew 5.16) - Archbishop Anne's Motto for 2020

Holy Eucharist:	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
Morning Prayer:	Monday, Wednesday, Friday 9:00 am
Evening Prayer:	Monday, Wednesday, Sunday 8:00 pm
Messy Church:	1st Wednesday of the month at 4:30 pm

Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

5th Sunday after Pentecost

10 am Great Litany and Ante -	Great Litany BAS 138
Communion	
	Collect of the day BAS 366

First Reading Genesis 24:34-38,42-49,58-67

Psalm 45:11-18

Second Reading Romans 7:15-25a

Gospel Matthew 11:16-19,25-30

Homily

Prayers

Act of Spiritual Communion

Rector:	Rev Aidan Armstrong	(519) 878-2035
Hon. Associate:	Rt. Rev. Dr. Stephen Andrews	
Hon. Assistant:	Rev. Jeff Hooper	
Rector's Warden:	Pat Cunningham	(705) 566-1203
People's Warden:	Jen Ames	(705) 618-2319
Deputy Warden:	Brent Leigh	(705) 524-6482
Web Site:	www.churchoftheascensionsudbury.com	
Facebook:	@ascensionsudbury	

Almighty God, your Son Jesus Christ has taught us that what we do for the least of your children we do also for him. Give us the will to serve others as he was the servant of all, who gave up his life and died for us, but lives and reigns with you and the Holy Spirit, one God, now and for ever.

First Reading

A reading from Genesis (Genesis 24:34-38,42-49,58-67)

Eliezer said, "I am Abraham's servant. The Lord has greatly blessed my master, and he has become wealthy; he has given him flocks and herds, silver and gold, male and female slaves, camels and donkeys. And Sarah my master's wife bore a son to my master when she was old; and he has given him all that he has. My master made me swear, saying, 'You shall not take a wife for my son from the daughters of the Canaanites, in whose land I live; but you shall go to my father's house, to my kindred, and get a wife for my son.' I came today to the spring, and said, 'O Lord, the God of my master Abraham, if now you will only make successful the way I am going! I am standing here by the spring of water; let the young woman who comes out to draw, to whom I shall say, "Please give me a little water from your jar to drink," and who will say to me, "Drink, and I will draw for your camels also" let her be the woman whom the Lord has appointed for my master's son.' Before I had finished speaking in my heart, there was Rebekah coming out with her water jar on her shoulder; and she went down to the spring, and drew. I said to her, 'Please let me drink.' She guickly let down her jar from her shoulder, and said, 'Drink, and I will also water your camels.' So I drank, and she also watered the camels. Then I asked her, 'Whose daughter are you?' She said, 'The daughter of Bethuel, Nahor's son, whom Milcah bore to him.' So I put the ring on her nose, and the bracelets on her arms. Then I bowed my head and worshipped the Lord, and blessed the Lord, the God of my master Abraham, who had led me by the right way to obtain the daughter of my master's kinsman for his son. Now then, if you will deal loyally and truly with my master, tell me; and if not, tell me, so that I may turn either to the right hand or to the left." And they called Rebekah, and said to her, "Will you go with this man?" She said, "I will." So they sent away their sister Rebekah and her nurse along with Abraham's servant and his men. And they blessed Rebekah and said to her, "May you, our sister, become thousands of myriads; may your offspring gain possession of the gates of their foes." Then Rebekah and her maids rose up, mounted the camels, and followed the man; thus the servant took Rebekah, and went his way. Now Isaac had come from Beer-lahai-roi, and was settled in the Negeb. Isaac went out in the evening to walk in the field; and looking up, he saw camels coming. And Rebekah looked up, and when she saw Isaac, she slipped guickly from the camel, and said to the servant, "Who is the man over there, walking in the field to meet us?" The servant said, "It is my master." So she took her veil and covered herself. And the servant told Isaac all the things that he had done. Then Isaac brought her into his mother Sarah's tent. He took Rebekah, and she became his wife; and he loved her. So Isaac was comforted after his mother's death.

Psalm 45:11-18 BAS Page 763

Second Reading

A reading from Romans (Romans 7:15-25a)

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me. So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Gospel

The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 11:16-19,25-30)

Jesus said, "To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another, 'We played the flute for you, and you did not dance; we wailed, and you did not mourn.' For John came neither eating nor drinking, and they say, 'He has a demon'; the Son of Man came eating and drinking, and they say, 'Look, a glutton and a drunkard, a friend of tax collectors and sinners!' Yet wisdom is vindicated by her deeds." At that time Jesus said, "I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him. Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light."

Act of Spiritual Communion

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.