

## In our prayers...

**In the Anglican Cycle of Prayer**, we pray for the Anglican Church of Papua New Guinea The Most Revd Allan Migi - Archbishop of Papua New Guinea

**In the Anglican Church of Canada**, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

**In the Diocese of Algoma**, we pray for St. Stephen the Martyr, Thunder Bay and the Mission to the Sea Fearers - The Rev. Canon Ed Swayze, The Ven. Eric Paterson (Hon.), The Rev. Barbara Fugelsang (Deacon Assoc.)

**We pray for reconciliation with Indigenous Peoples** Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

**We pray for** the the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Bain, Kay, Mags, Dave Fowler, Annette, Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Garfield, Catherine, George, David, Dan & Marc, Gary Bate

**We pray for those** who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford & Marlene Moulton. May they always feel God's presence in their lives.



## ANGLICAN CHURCH OF THE ASCENSION

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*"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."*

*(Matthew 5.16) - Archbishop Anne's Motto for 2020*

<b>Holy Eucharist:</b>	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
<b>Morning Prayer:</b>	Monday, Wednesday, Friday 9:00 am
<b>Evening Prayer:</b>	Monday, Wednesday, Sunday 8:00 pm
<b>Messy Church:</b>	1st Wednesday of the month at 4:30 pm

### Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

### 6<sup>th</sup> Sunday after Pentecost

10 am Great Litany and Ante - Communion

**Great Litany** BAS 138

**Collect of the day** BAS 367

**First Reading** Genesis 25:19-34

**Psalm** 119:105-112

**Second Reading** Romans 8:1-11

**Gospel** Matthew 13:1-9,18-23

**Homily**

**Prayers**

**Act of Spiritual Communion**

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Almighty God, you have made us for yourself, and our hearts are restless until they find their rest in you. May we find peace in your service, and in the world to come, see you face to face; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

### **First Reading**

*A reading from Genesis (Genesis 25:19-34)*

These are the descendants of Isaac, Abraham's son: Abraham was the father of Isaac, and Isaac was forty years old when he married Rebekah, daughter of Bethuel the Aramean of Paddanaram, sister of Laban the Aramean. Isaac prayed to the Lord for his wife, because she was barren; and the Lord granted his prayer, and his wife Rebekah conceived. The children struggled together within her; and she said, "If it is to be this way, why do I live?" So she went to inquire of the Lord. And the Lord said to her, "Two nations are in your womb, and two peoples born of you shall be divided; the one shall be stronger than the other, the elder shall serve the younger." When her time to give birth was at hand, there were twins in her womb. The first came out red, all his body like a hairy mantle; so they named him Esau. Afterward his brother came out, with his hand gripping Esau's heel; so he was named Jacob. Isaac was sixty years old when she bore them. When the boys grew up, Esau was a skillful hunter, a man of the field, while Jacob was a quiet man, living in tents. Isaac loved Esau, because he was fond of game; but Rebekah loved Jacob. Once when Jacob was cooking a stew, Esau came in from the field, and he was famished. Esau said to Jacob, "Let me eat some of that red stuff, for I am famished!" (Therefore he was called Edom.) Jacob said, "First sell me your birthright." Esau said, "I am about to die; of what use is a birthright to me?" Jacob said, "Swear to me first." So he swore to him, and sold his birthright to Jacob. Then Jacob gave Esau bread and lentil stew, and he ate and drank, and rose and went his way. Thus Esau despised his birthright.

**Psalm 119:105-112 BAS Page 875**

### **Second Reading**

*A reading from Romans (Romans 8:1-11)*

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

### **Gospel**

*The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 13:1-9,18-23)*

That same day Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen! Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty."

### **Act of Spiritual Communion**

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.