

In our prayers...

In the Anglican Cycle of Prayer, we pray for the new Province of Alexandria - created from the former Diocese of Egypt with North Africa and the Horn of Africa in the Episcopal Church of Jerusalem and the Middle East.

In the Anglican Church of Canada, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

In the Diocese of Algoma we pray for St. Mary's, Nipigon
The Rev. Dr. Patti Brace St. John's, Schreiber

We pray for reconciliation with Indigenous Peoples Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Bain, Kay, Mags, Dave Fowler, Annette, Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Garfield, Catherine, George, David, Dan & Marc, Gary Bate

We pray for those who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford & Marlene Moulton. May they always feel God's presence in their lives.



ANGLICAN CHURCH OF THE ASCENSION

1476 Spark Street, Sudbury, Ontario, P3E 2A1

Parish Office: (705)566-2790 | ascension@vianet.ca

Rector: Rev. Aidan Armstrong | armstrong.aidan@gmail.com

August 02, 2020

"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."

(Matthew 5.16) - Archbishop Anne's Motto for 2020

Holy Eucharist:	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
Morning Prayer:	Monday, Wednesday, Friday 9:00 am
Evening Prayer:	Monday, Wednesday, Sunday 8:00 pm
Messy Church:	1st Wednesday of the month at 4:30 pm

Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

9th Sunday after Pentecost

10 am Great Litany and Ante - Communion

Great Litany BAS 138

Collect of the day BAS 371

First Reading Genesis 32:22-31

Psalm 17:1-7,16

Second Reading Romans 9:1-5

Gospel Matthew 14:13-21

Homily

Prayers

Act of Spiritual Communion

Rector:	Rev Aidan Armstrong	(519) 878-2035
Hon. Associate:	Rt. Rev. Dr. Stephen Andrews	
Hon. Assistant:	Rev. Jeff Hooper	
Rector's Warden:	Pat Cunningham	(705) 566-1203
People's Warden:	Jen Ames	(705) 618-2319
Deputy Warden:	Brent Leigh	(705) 524-6482
Web Site:	www.churchoftheascensionsudbury.com	
Facebook:	@ascensionsudbury	

Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

First Reading

A reading from Genesis (Genesis 32:22-31)

The same night Jacob got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. He took them and sent them across the stream, and likewise everything that he had. Jacob was left alone; and a man wrestled with him until daybreak. When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. Then he said, "Let me go, for the day is breaking." But Jacob said, "I will not let you go, unless you bless me." So he said to him, "What is your name?" And he said, "Jacob." Then the man said, "You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed." Then Jacob asked him, "Please tell me your name." But he said, "Why is it that you ask my name?" And there he blessed him. So Jacob called the place Peniel, saying, "For I have seen God face to face, and yet my life is preserved." The sun rose upon him as he passed Penuel, limping because of his hip.

Psalm 17:1-7,16 BAS Page 720

Second Reading

A reading from Romans (Romans 9:1-5)

I am speaking the truth in Christ - I am not lying; my conscience confirms it by the Holy Spirit - I have great sorrow and unceasing anguish in my heart. For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; to them belong the patriarchs, and from them,

according to the flesh, comes the Messiah, who is over all, God blessed forever. Amen.

Gospel

The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 14:13-21)

Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. When it was evening, the disciples came to him and said, "This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves." Jesus said to them, "They need not go away; you give them something to eat." They replied, "We have nothing here but five loaves and two fish." And he said, "Bring them here to me." Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. And those who ate were about five thousand men, besides women and children.

Act of Spiritual Communion

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.