

In our prayers...

In the Anglican Cycle of Prayer, we pray for the united Church of South India The Most Revd Dharmaraj Rasalam - Moderator of CSI & Bishop of South Kerala

In the Anglican Church of Canada, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

In the Diocese of Algoma we pray for St. Simon's, Temagami Holy Trinity, Temiscaming -The Rev. Dr. Derek Neal

We pray for reconciliation with Indigenous Peoples Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the the following people for God's continued healing and strength during the coming week, especially - Canon Michael & Muriel Tamara, Nancy, Marshall, Kay, Mags, Dave Fowler, Annette ,Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Garfield, Catherine, George, David, Dan & Marc, Gary Bate

We pray for those who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford & Marlene Moulton. May they always feel God's presence in their lives.



ANGLICAN CHURCH OF THE ASCENSION

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August 30, 2020

"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."

(Matthew 5.16) - Archbishop Anne's Motto for 2020

Holy Eucharist:	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
Morning Prayer:	Monday, Wednesday, Friday 9:00 am
Evening Prayer:	Monday, Wednesday, Sunday 8:00 pm
Messy Church:	1st Wednesday of the month at 4:30 pm

Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

12th Sunday after Trinity -BCP

10 am Great Litany and Ante - Communion

Great Litany BCP 30

Collect of the day BCP 236

First Reading Exodus 3:1-15

Psalm 105:1-6,23-26,45C

Second Reading Romans 12:9-21

Gospel Matthew 16:21-28

Homily

Prayers

Act of Spiritual Communion

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Almighty and everlasting God, who art always more ready to hear than we to pray, and art wont to give more than either we desire or deserve: Pour down upon us the abundance of thy mercy; forgiving us those things whereof our conscience is afraid, and giving us those good things which we are not worthy to ask, but through the merits and mediation of Jesus Christ, thy Son, our Lord. Amen.

First Reading

A reading from Exodus (Exodus 3:1-15)

Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. Then Moses said, "I must turn aside and look at this great sight, and see why the bush is not burned up." When the Lord saw that he had turned aside to see, God called to him out of the bush, "Moses, Moses!" And he said, "Here I am." Then he said, "Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground." He said further, "I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob." And Moses hid his face, for he was afraid to look at God. Then the Lord said, "I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt." But Moses said to God, "Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?" He said, "I will be with you; and this shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain." But Moses said to God, "If I come to the Israelites and say to them, 'The God of your ancestors has sent me to you,' and they ask me, 'What is his name?' what shall I say to them?" God said to Moses, "I AM WHO I AM." He said further, "Thus you shall say to the Israelites, 'I AM has sent me to you.'" God also said to Moses, "Thus you shall say to the Israelites, 'The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you': This is my name forever, and this my title for all generations."

Psalm 105:1-6,23-26,45C BCP Page 464

Second Reading

A reading from Romans (Romans 12:9-21)

Let love be genuine; hate what is evil, hold fast to what is good; love one another with mutual affection; outdo one another in showing honour. Do not lag in zeal, be ardent in spirit, serve the Lord. Rejoice in hope, be patient in suffering, persevere in

prayer. Contribute to the needs of the saints; extend hospitality to strangers. Bless those who persecute you; bless and do not curse them. Rejoice with those who rejoice, weep with those who weep. Live in harmony with one another; do not be haughty, but associate with the lowly; do not claim to be wiser than you are. Do not repay anyone evil for evil, but take thought for what is noble in the sight of all. If it is possible, so far as it depends on you, live peaceably with all. Beloved, never avenge yourselves, but leave room for the wrath of God; for it is written, "Vengeance is mine, I will repay, says the Lord." No, "if your enemies are hungry, feed them; if they are thirsty, give them something to drink; for by doing this you will heap burning coals on their heads." Do not be overcome by evil, but overcome evil with good.

Gospel

The Holy Gospel of our Lord Jesus Christ according to Matthew (Matthew 16:21-28)

From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. And Peter took him aside and began to rebuke him, saying, "God forbid it, Lord! This must never happen to you." But he turned and said to Peter, "Get behind me, Satan! You are a stumbling block to me; for you are setting your mind not on divine things but on human things." Then Jesus told his disciples, "If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake will find it. For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life? For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom."

Act of Spiritual Communion

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.