

In our prayers...

In the Anglican Cycle of Prayer, we pray for Igreja Episcopal Anglicana do Brasil

In the Anglican Church of Canada, we pray our Primate, Archbishop Linda Nichols, for our Metropolitan and Diocesan, Archbishop Anne Germond; for our Archdeacon, Glen, and for our parish clergy Fr. Aidan, Fr. Jeff and Bishop Andrews.

In the Diocese of Algoma, we pray for Parish of West Thunder Bay - St. James', Murillo, St. Mark's, Rosslyn -The Rev. Canon Paul Carr (Hon.)

We pray for reconciliation with Indigenous Peoples Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the the following people for God's continued healing and strength during the coming week, especially – Muriel, Tamara, Nancy, Marshall, Kay, Dave Fowler, Annette, Barbara, Claudette, Gerry, Jim, Mary Rose, Sarah, Jaqueline, Colin, Catherine, George, David, Dan & Marc, Gary Bate, Lucette, Estelle, Richard, Maggie, Carol, Michelle Caswell, Marjorie Morton, Michael Shepherd, Rob Caines, Spruce, Del, Vince and Helen

We pray for those who are living in retirement residences or nursing homes, or who find it difficult to join us for church on Sundays; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford & Marlene Moulton. May they always feel God's presence in their lives.



## ANGLICAN CHURCH OF THE ASCENSION

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*"In the same way, let your light so shine before others that they may see your good works and give glory to your Father in heaven."*

*(Matthew 5.16) - Archbishop Anne's Motto for 2020*

<b>Holy Eucharist:</b>	Sunday 9:00 am & 11:00 am Wednesday 9:30 am
<b>Morning Prayer:</b>	Monday, Wednesday, Friday 9:00 am
<b>Evening Prayer:</b>	Monday, Wednesday, Sunday 8:00 pm
<b>Messy Church:</b>	1st Wednesday of the month at 4:30 pm

### Welcome to our worship!

It is good to have you here with us today. If you are visiting the Church of the Ascension for the first time, please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son and the Holy Spirit are welcome to receive the sacrament at the time of communion.

### Septuagesima

10 am Ante - Communion

**Collect of the day** BCP 132

**First Reading** Deuteronomy 18:15-20

**Psalm** 111

**Second Reading** 1 Corinthians 8:1-13

**Gospel** Mark 1:21-28

**Homily**

**Prayers**

**Act of Spiritual Communion**

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O LORD, we beseech thee favourably to hear the prayers of thy people; that we, who are justly punished for our offences, may be mercifully delivered by thy goodness, for the glory of thy Name; through Jesus Christ our Saviour, who liveth and reigneth with thee and the Holy Spirit, ever one God, world without end. *Amen.*

### **First Reading**

*A reading from Deuteronomy (Deuteronomy 18:15-20)*

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

**Psalm 111 BCP Page 477**

### **Second Reading**

*A reading from 1<sup>st</sup> Corinthians (1 Corinthians 8:1-13)*

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords - yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if

we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family, and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

### **Gospel**

*The Holy Gospel of our Lord Jesus Christ according to Mark (Mark 1:21-28)*

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him." At once his fame began to spread throughout the surrounding region of Galilee.

### **Act of Spiritual Communion**

In Union, dear Lord, with the faithful at every altar of thy Church where thy blessed body and blood are being offered to the Father, I desire to offer thee praise and thanksgiving. I believe thou art truly present in the Holy Sacrament. And since I cannot now receive thee sacramentally, I beseech thee to come spiritually into my heart. I unite myself unto thee, and embrace thee with all the affections of my soul. Let me never be separated from thee. Let me live and die in thy love. Amen.