

In the Anglican Cycle of Prayer, we pray for the Province of South East Asia.

In the Anglican Church of Canada, we pray for our Primate, the Most Rev Linda Nicholls; for our Metropolitan and Diocesan Archbishop, the Most Rev Anne Germond; we pray for the Deanery of Sudbury-Manitoulin and our Archdeacon, the Ven Glen Miller; and for our parish and the ministry of our parish clergy: Canon John, Rev Jeff, and Bishop Andrews.

In the Diocese of Algoma, for the parish of Christ Church, Ilfracombe, and the ministry of the Rev James Decker; and the parish of Christ Church, Port Sydney, and the ministry of the Rev Linda Mee.

We pray for reconciliation with Indigenous Peoples: Merciful God, you call us to loving relationship with one another. Be with us now as we seek to heal old wounds and find joy again in this relationship. Replace our hearts of stone with hearts of flesh. Give us the gifts of honesty and openness, and fill us with your healing power and grace. We ask this in Jesus's name.

We pray for the following people for God's continued healing and strength during the coming week, especially – Tamara, Nancy, Marshall, Kay, Dave Fowler, Annette, Barbara, Claudette, Gerry, Mary Rose, Sarah, Jaqueline, Colin, Catherine, George, David, Dan & Marc, Gary, Lucette, Estelle, Richard, Maggie, Carol, Michelle Caswell, Marjorie Morton, Michael Sheppard, Rob Caines, Spruce, Del, Vince, Helen, Chris, Erica, Lynne, Connie Lee, Bishop Tom, David Caines, Trischa, Ed, and Heather.

We pray for those who are living in retirement residences or nursing homes; Milt Fleming, Karin Hoffman, Laurent Constantineau, Bessie Morgan, Sybil Crawford, Marlene Moulton, and Betty Bonas. May they always feel God's presence in their lives.

We pray for those who have died, remembering especially Jim Cameron: rest eternal grant unto him, O Lord, and let light perpetual shine upon him; we pray also that those who mourn Jim, especially Lori, Priscilla, Ayla, and Corianna, may know the consolation of God's love at this time, and that all who knew Jim might uphold each other in comfort and prayer.

In our parish we pray for our wardens, board members, and lay leaders; we pray for parents, grandparents, and godparents, for spouses and siblings, for children and dependents, for all families and friends, for those with whom we are hurt, angry, or at cross-purposes, and for those who might be alone, in any circumstance, that they might be comforted and know the love of God.

**A Note from the Wardens and General Board:** We continue to make headway against our budget deficit, but there is still some way to go. We're grateful to all who have helped with our commitments. We encourage you to keep up with your weekly offerings for the parish, especially during the summer months, where typically we see a decline in dedicated givings. You may drop off your envelopes at the Church, or make arrangements with the Wardens to have them picked up. We also encourage you to look at the Diocesan Electronic Offering Programme, or to use Canadahelps, as means to keep up your contributions. You can find full details for both in our Weekly News and Announcements email, or you may contact the Wardens for further assistance.



## ANGLICAN CHURCH OF THE ASCENSION

1476 Sparks Street, Sudbury, Ontario, P3E 2A1  
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August 01, 2021

"He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God." (Micah 6:8)

Archbishop Anne's Motto for 2021

Sunday morning service live-streamed on Facebook @ascensionsudbury at 10.00 am. In-person worship Sunday mornings at 10.00 with no more than 40 in congregation.

**Welcome to our worship!** It is good to have you here with us today. Please know that the Anglican Church teaches that all who are baptized with water in the name of the Father, the Son, and the Holy Spirit are welcome to participate in the sacrament at the time of Communion.

### 10<sup>th</sup> Sunday after Pentecost

10.00 am Holy Eucharist

Liturgy, BAS pp. 185 - 215  
(readings are per *Revised Common Lectionary*, NRSVA translation)

<b>Gathering</b>	BAS, p. 185-7
<b>Collect of the Day</b>	BAS, pp. 371
<b>First Reading</b>	2 Sam 11. 26-12. 13a
<b>Psalm 51, vv 1-13</b>	BAS, pp. 770-1
<b>Second Reading</b>	Ephesians 4. 1-16
<b>Holy Gospel</b>	St John 6. 24-35
<b>Sermon</b>	
<b>Confession of Faith</b>	BAS, pp. 188-9
<b>Prayers, Confession</b>	
<b>Absolution, Peace</b>	BAS, pp. 190-2
<b>Prayer over Gifts</b>	BAS, p. 372
<b>Eucharistic Prayer # 2</b>	BAS, pp. 196-7
<b>Lord's Prayer</b>	BAS, p. 211
<b>Prayer after Communion</b>	BAS, p. 372
<b>Doxology</b>	BAS, p. 214

For arranging Pastoral Visits or participation in the Parish Prayer Chain during the Interim transition, please contact Marie at 705-560-1263 or [marievitone@persona.ca](mailto:marievitone@persona.ca)

<b>Interim Incumbent:</b>	Rev Canon Dr John Gibaut
<b>Hon. Associate:</b>	Rt Rev Dr Stephen Andrews
<b>Hon. Assistant:</b>	Rev Jeff Hooper
<b>Rector's Warden:</b>	Pat Cunningham (705) 566-1203
<b>Peoples' Warden:</b>	Jen Ames (705) 618-2319
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<b>Facebook:</b>	@ascensionsudbury

**Collect for the 10th Sunday after Pentecost:** Almighty God, your Son Jesus Christ fed the hungry with the bread of his life and the word of his kingdom. Renew your people with your heavenly grace, and in all our weakness sustain us by your true and living bread, who lives and reigns with you and the Holy Spirit, one God, now and for ever.

### **First Reading**

*A reading from the 2d Book of Samuel (2 Sam 11.26-12.13a)*

When the wife of Uriah heard that her husband was dead, she made lamentation for him. When the mourning was over, David sent and brought her to his house, and she became his wife, and bore him a son. But the thing that David had done displeased the Lord, and the Lord sent Nathan to David. He came to him, and said to him, "There were two men in a certain city, the one rich and the other poor. The rich man had very many flocks and herds; but the poor man had nothing but one little ewe lamb, which he had bought. He brought it up, and it grew up with him and with his children; it used to eat of his meagre fare, and drink from his cup, and lie in his bosom, and it was like a daughter to him. Now there came a traveller to the rich man, and he was loath to take one of his own flock or herd to prepare for the wayfarer who had come to him, but he took the poor man's lamb, and prepared that for the guest who had come to him." Then David's anger was greatly kindled against the man. He said to Nathan, "As the Lord lives, the man who has done this deserves to die; he shall restore the lamb fourfold, because he did this thing, and because he had no pity." Nathan said to David, "You are the man! Thus says the Lord, the God of Israel: I anointed you king over Israel, and I rescued you from the hand of Saul; I gave you your master's house, and your master's wives into your bosom, and gave you the house of Israel and of Judah; and if that had been too little, I would have added as much more. Why have you despised the word of the Lord, to do what is evil in his sight? You have struck down Uriah the Hittite with the sword, and have taken his wife to be your wife, and have killed him with the sword of the Ammonites. Now therefore the sword shall never depart from your house, for you have despised me, and have taken the wife of Uriah the Hittite to be your wife. Thus says the Lord: I will raise up trouble against you from within your own house; and I will take your wives before your eyes, and give them to your neighbour, and he shall lie with your wives in the sight of this very sun. For you did it secretly; but I will do this thing before all Israel, and before the sun." David said to Nathan, "I have sinned against the Lord."

**Psalms 51 vv 1-13 (BAS, 770-1) Refrain:** *Create in me a clean heart, O God*

### **Second Reading**

*A reading from the Epistle of Paul the Apostle to the Ephesians (Eph 4.1-16)*

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.)

The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

### **Gospel**

*The Holy Gospel of our Lord Jesus Christ according to St John (Jn 6.24-35)*

When the crowd saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

### **Prayer over Gifts**

God our sustainer, accept all we offer you this day, and feed us continually with that bread which satisfies all hunger, your Son our Saviour Jesus Christ.

### **Prayer after Communion**

God of grace, we have shared in the mystery of the body and blood of Christ. May we who have tasted the bread of life live with you for ever. We ask this in the name of Jesus Christ our Lord.