

In the Anglican Cycle of Prayer, we pray for the Church of Papua New Guinea.

In the Anglican Church of Canada, we pray for our Primate, the Most Rev Linda Nicholls; for our Provincial Metropolitan and Diocesan Archbishop, the Most Rev Anne Germond; for the Deanery of Sudbury-Manitoulin, and our Archdeacon, the Ven Glen Miller, and for our parish of the Church of the Ascension and our Incumbent, the Rev Jeff Hooper.

In the Diocese of Algoma, we pray for the congregations of St Saviour's, Blind River, and Church of the Redeemer, Thessalon, and for the ministry of the Rev Canon Bob Elkin.

We pray for reconciliation with the Indigenous Peoples of this land: Merciful God, be with us as we seek to heal old wounds and find joy again in our relationships. Replace all hearts of stone with hearts of flesh; give us gifts of honesty and openness, and fill us with your healing power and grace.

We pray for the following people for God's healing and strength during the coming week, especially – Tamara, Marshall, Kay, Dave Fowler, Annette, Barbara, Claudette, Gerry, Mary Rose, Sarah, Jaqueline, Colin, Catherine, George, David, Dan & Marc, Gary, Lucette, Estelle, Richard, Maggie, Carol, Marjorie Morton, Rob Caines, Del, Vince, Chris, Connie Lee, David Caines, Trischa, Ed, Lori, John P, Ivan, Audrey and her friends, companions, and neighbours at L'Arche, James, Darryl Keen, Heather, John, Sonia, Nancy, Victoria P, Mark, Craig, Dana, and Nancy Turner.

We pray for those who are living in retirement residences or nursing homes: Milt Fleming, Laurent Constantineau, Sybil Crawford, Marlene Moulton, Betty Bonas, Del Gates, and Daryl Keen; may they always feel God's presence in their lives.

In our parish, we pray for wardens, board members, and lay leaders; we pray for parents, grandparents, and godparents, for spouses and siblings, for children and dependents, for all families and friends; and especially we pray for those with whom we are hurt, angry, or at cross-purposes; that by Christ's example, and through His grace, all hearts may be turned to your purpose, O Lord.

The flowers in the Church this Sunday and last are given in memory of "My mother Nora on the occasion of my birthday," from daughter Anne Germond and family.



ANGLICAN CHURCH OF THE ASCENSION

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February 5, 2023

"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to set free those who are oppressed, and to proclaim the year of the Lord's favour." (Lk 4.18-19) Archbishop Anne's Motto for 2023

Welcome to our worship! Please know the Anglican Church teaches that all who are baptized with water, in the name of the Father, the Son, and the Holy Spirit, are welcome to receive the sacrament at the time of Communion.

5th Sunday after the Epiphany

Holy Communion

Sunday morning 10.00 am
live-streamed on Facebook
@ascensionsudbury

Celebrant and Preacher:

The Rev Canon Dr Mark McDermott

Liturgy, BAS, pp. 185—215

(readings are per *Revised Common Lectionary*, NRSVA translation)

Opening Hymn 3; *Morning Has Broken*
Gathering BAS, p. 185

Gloria *Hymn #366*

Collect of the Day BAS, p. 353

First Reading Isaiah 58. 1-12

Psalm 112 vv 1-9 BAS, pp. 860-1

Second Reading 1 Corinthians 2. 1-12

Gradual Hymn 648; *O Holy Spirit Enter In*

Holy Gospel St Matthew 5. 13-20

Sermon

Confession of Faith BAS, pp. 188-9

Prayers, Confession,

Absolution, Peace BAS, pp. 190-2

Offertory Hymn 645; *Come Down O Love...*

Prayer over Gifts BAS, p. 354

Eucharistic Prayer #3 BAS, pp. 198-200; p. 218

The Lord's Prayer BAS, p. 211

Breaking of the Bread BAS, pp. 212-13

Communion Hymns #637; #361

Prayer after Communion BAS, p. 354

Doxology, Dismissal BAS, pp. 214-15

Closing Hymn 393; *Immortal, Invisible...*

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Collect for the 5th Sunday after the Epiphany: Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

First Reading (*Isaiah 58. 1-12*) Shout out, do not hold back! Lift up your voice like a trumpet! Announce to my people their rebellion, to the house of Jacob their sins. Yet day after day they seek me and delight to know my ways, as if they were a nation that practised righteousness and did not forsake the ordinance of their God; they ask of me righteous judgements, they delight to draw near to God. "Why do we fast, but you do not see? Why humble ourselves, but you do not notice?" Look, you serve your own interest on your fast day, and oppress all your workers. Look, you fast only to quarrel and to fight and to strike with a wicked fist. Such fasting as you do today will not make your voice heard on high. Is such the fast that I choose, a day to humble oneself? Is it to bow down the head like a bulrush, and to lie in sackcloth and ashes? Will you call this a fast, a day acceptable to the Lord? Is not this the fast that I choose: to loose the bonds of injustice, to undo the thongs of the yoke, to let the oppressed go free, and to break every yoke? Is it not to share your bread with the hungry, and bring the homeless poor into your house; when you see the naked, to cover them, and not to hide yourself from your own kin? Then your light shall break forth like the dawn, and your healing shall spring up quickly; your vindicator shall go before you, the glory of the Lord shall be your rear guard. Then you shall call, and the Lord will answer; you shall cry for help, and he will say, Here I am.

[If you remove the yoke from among you, the pointing of the finger, the speaking of evil, if you offer your food to the hungry and satisfy the needs of the afflicted, then your light shall rise in the darkness and your gloom be like the noonday. The Lord will guide you continually, and satisfy your needs in parched places, and make your bones strong; and you shall be like a watered garden, like a spring of water, whose waters never fail. Your ancient ruins shall be rebuilt; you shall raise up the foundations of many generations; you shall be called the repairer of the breach, the restorer of streets to live in.]

Psalms 112 vv 1-9 (*BAS, pp. 860-1*) **Refrain:** *Happy are they who have given to the poor.*

Second Reading (*1 Cor 2. 1-12*) When I came to you, brothers and sisters, I did not come proclaiming the mystery of God to you in lofty words or wisdom. For I decided to know nothing among you except Jesus Christ, and him crucified. And I came to you in weakness and in fear and in much trembling. My speech and my proclamation were not with plausible words of wisdom, but with a demonstration of the Spirit and of power, so that your faith might rest not on

human wisdom but on the power of God. Yet among the mature we do speak wisdom, though it is not a wisdom of this age or of the rulers of this age, who are doomed to perish. But we speak God's wisdom, secret and hidden, which God decreed before the ages for our glory. None of the rulers of this age understood this; for if they had, they would not have crucified the Lord of glory. But, as it is written, "What no eye has seen, nor ear heard, nor the human heart conceived, what God has prepared for those who love him" - these things God has revealed to us through the Spirit; for the Spirit searches everything, even the depths of God. For what human being knows what is truly human except the human spirit that is within? So also no one comprehends what is truly God's except the Spirit of God. Now we have received not the spirit of the world, but the Spirit that is from God, so that we may understand the gifts bestowed on us by God. [And we speak of these things in words not taught by human wisdom but taught by the Spirit, interpreting spiritual things to those who are spiritual. Those who are unspiritual do not receive the gifts of God's Spirit, for they are foolishness to them, and they are unable to understand them because they are spiritually discerned. Those who are spiritual discern all things, and they are themselves subject to no one else's scrutiny. "For who has known the mind of the Lord so as to instruct him?" But we have the mind of Christ.]

Holy Gospel (*St Matthew 5. 13-20*) Jesus said, "You are the salt of the earth; but if salt has lost its taste, how can its saltiness be restored? It is no longer good for anything, but is thrown out and trampled under foot. You are the light of the world. A city built on a hill cannot be hid. No one after lighting a lamp puts it under the bushel basket, but on the lampstand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father in heaven. Do not think that I have come to abolish the law or the prophets; I have come not to abolish but to fulfil. For truly I tell you, until heaven and earth pass away, not one letter, not one stroke of a letter, will pass from the law until all is accomplished. Therefore, whoever breaks one of the least of these commandments, and teaches others to do the same, will be called least in the kingdom of heaven; but whoever does them and teaches them will be called great in the kingdom of heaven. For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven."

Prayer over the Gifts: God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour.

Prayer After Communion: Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord.