

In the Anglican Cycle of Prayer, we pray for the Church of South India (United).

In the Anglican Church of Canada, we pray for our Primate, the Most Rev Linda Nicholls; for our Provincial Metropolitan and Diocesan Archbishop, the Most Rev Anne Germond; for the Deanery of Sudbury-Manitoulin, and our Archdeacon, the Ven Glen Miller, and for our parish of the Church of the Ascension and our Incumbent, the Rev Jeff Hooper.

In the Diocese of Algoma, we pray for the Manitoulin Island parishes: All Saints', Gore Bay; St John the Evangelist, Kagawong; St Paul's, Manitowaning; St Francis of Assisi, Mindemoya; Holy Trinity, Little Current; and for the ministry of Ms Catherine Hazlitt and the Rev Joyce Foster.

We pray for reconciliation with the Indigenous Peoples of this land: Merciful God, be with us as we seek to heal old wounds and find joy again in our relationships. Replace all hearts of stone with hearts of flesh; give us gifts of honesty and openness, and fill us with your healing power and grace.

We pray for the following people for God's healing and strength during the coming week, especially – Tamara, Marshall, Kay, Dave Fowler, Annette, Barbara, Claudette, Gerry, Mary Rose, Sarah, Jaqueline, Colin, Catherine, George, David, Dan & Marc, Gary, Lucette, Estelle, Richard, Maggie, Carol, Marjorie Morton, Rob Caines, Vince, Chris, Connie Lee, David Caines, Trischa, Ed, Lori, John P, Ivan, Audrey and her friends, companions, and neighbours at L'Arche, James, Darryl Keen, Heather, John, Sonia, Nancy, Victoria P, Mark, Craig, Dana, Nancy Turner, Rick, and Carol. We pray for those who are living in retirement residences or nursing homes: Milt Fleming, Laurent Constantineau, Sybil Crawford, Marlene Moulton, Betty Bonas, and Daryl Keen; may they always feel God's presence in their lives.

We pray for those who have died, and especially for Del Gates: Father of all, we thank you for Del whom we love, but see no longer. Thank you for his gifts of friendship and faith, which he shared freely with us all. Grant him your peace; let light perpetual shine upon him; and in your loving wisdom and almighty power, work in him the good purpose of your perfect will. We pray for those who mourn or who are bereaved: Father of mercies and giver of comfort, deal graciously with all who have known loss and are bereaved, and at this time especially with Del's family and friends as they mourn; that casting all their cares on you, they may know the consolation of your love.

In our parish, we pray for wardens, board members, and lay leaders; we pray for parents, grandparents, and godparents, for spouses and siblings, for children and dependents, for all families and friends; and especially we pray for those with whom we are hurt, angry, or at cross-purposes; that by Christ's example, and through His grace, all hearts may be turned to your purpose, O Lord.

The flowers in the Church this morning are given to God's glory and in memory of His good and faithful servant, Del Gates, by Del's family.



ANGLICAN CHURCH OF THE ASCENSION

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"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to set free those who are oppressed, and to proclaim the year of the Lord's favour." (Lk 4.18-19) Archbishop Anne's Motto for 2023

Welcome to our worship! Please know the Anglican Church teaches that all who are baptized with water, in the name of the Father, the Son, and the Holy Spirit, are welcome to receive the sacrament at the time of Communion.

Third Sunday in Lent

Holy Eucharist

Sunday morning 10.00 am
live-streamed on Facebook
@ascensionsudbury

Liturgy, BAS, pp. 185—215

(readings are per Revised Common
Lectionary, NRSVA translation)

Opening Hymn 388; *Glorious Things of...*
Gathering BAS, pp. 185-6
Collect of the Day BAS, p. 289
First Reading Exodus 17. 1-7
Psalm 95 BAS, p. 833
Second Reading Romans 5.1-11
Gradual Hymn 508; *I Heard the Voice...*
Holy Gospel St John 4. 5-42
Sermon
Confession of Faith BAS, p. 188-9
Prayers, Confession
Absolution, Peace BAS, pp. 190-2
Offertory Hymn 615; *Just As I Am...*
Prayer over Gifts BAS, p. 290
Eucharistic Prayer #3 BAS, pp. 198-200; 220
The Lord's Prayer BAS, p. 211
Breaking of the Bread #7; BAS, p. 213
Communion Hymns #81 ; #418
Prayer after Communion BAS, p. 290
Doxology, Dismissal BAS, p. 214-15
Closing Hymn 450; *You Call Us Lord to Be*

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Collect for the Third Sunday in Lent: Almighty God, whose Son Jesus Christ gives the water of eternal life, may we always thirst for you, the spring of life and source of goodness; through him who lives and reigns with you and the Holy Spirit, one God, now and for ever.

First Reading (Exodus 17. 1-7) From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, "Give us water to drink." Moses said to them, "Why do you quarrel with me? Why do you test the Lord?" But the people thirsted there for water; and the people complained against Moses and said, "Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?" So Moses cried out to the Lord, "What shall I do with this people? They are almost ready to stone me." The Lord said to Moses, "Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink." Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, "Is the Lord among us or not?"

Psalms 95 (BAS, p. 833) **Refrain: Oh, that today you would hearken to his voice: harden not your hearts.**

Second Reading (Romans 5. 1-11) Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person - though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Holy Gospel (St John 4. 5-42) Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, "Give me a drink." (His disciples had gone to the city to buy food.) The Samaritan woman said to him, "How is it that you, a Jew, ask a drink of me, a woman of Samaria?" (Jews do not

share things in common with Samaritans.) Jesus answered her, "If you knew the gift of God, and who it is that is saying to you, 'Give me a drink,' you would have asked him, and he would have given you living water." The woman said to him, "Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?" Jesus said to her, "Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life." The woman said to him, "Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water." Jesus said to her, "Go, call your husband, and come back." The woman answered him, "I have no husband." Jesus said to her, "You are right in saying, 'I have no husband'; for you have had five husbands, and the one you have now is not your husband. What you have said is true!" The woman said to him, "Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem." Jesus said to her, "Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth." The woman said to him, "I know that Messiah is coming" (who is called Christ). "When he comes, he will proclaim all things to us." Jesus said to her, "I am he, the one who is speaking to you." Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, "What do you want?" or, "Why are you speaking with her?" Then the woman left her water jar and went back to the city. She said to the people, "Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?" They left the city and were on their way to him. Meanwhile the disciples were urging him, "Rabbi, eat something." But he said to them, "I have food to eat that you do not know about." So the disciples said to one another, "Surely no one has brought him something to eat?" Jesus said to them, "My food is to do the will of him who sent me and to complete his work. Do you not say, 'Four months more, then comes the harvest'? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, 'One sows and another reaps.' I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour." Many Samaritans from that city believed in him because of the woman's testimony, "He told me everything I have ever done." So when the Samaritans came to him, they asked him to stay with them; and he stayed there two days. And many more believed because of his word. They said to the woman, "It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world."